

CHAPTER 89.

[S. H. B. 16.]

PHYSICAL EDUCATION IN SCHOOLS AND COLLEGES.

AN ACT providing for courses in Physical Education, for elementary and secondary schools, for state normal schools and for the University of Washington and the State College of Washington, and prescribing special duties of the State Board of Education in the administration thereof.

Be it enacted by the Legislature of the State of Washington:

SECTION 1. After the first day of September, 1919, during periods averaging at least twenty minutes in each school day, every pupil attending the first eight grades of the public schools of the State of Washington, shall receive as part of the required instruction therein, such courses in physical education as shall be prescribed by the State Board of Education: *Provided*, that individual pupils or students may be excused on account of physical disability or religious belief.

Course for
common
schools.

SEC. 2. All high schools of the state and all state normal schools, the University of Washington, the State College of Washington, shall, each of them, emphasize the work in physical education, and shall carry into effect all such courses provided by the State Board of Education; said courses to provide for a minimum of ninety minutes in each school week: *Provided*, that individual students may be excused on account of physical disability or religious belief, or because of participation in directed athletics or military science and tactics.

Requirement
for higher
institutions.

SEC. 3. The State Board of Education shall, on or before August 1st, 1919, prepare said courses of instruction in physical education, and shall direct and enforce the instruction in such courses throughout the state, with the assistance of the

Duty of
board of
education.

school officials, principals, county superintendents, boards of directors of the public schools, boards of trustees of the state normal schools, and boards of regents of the University of Washington, and of the State College of Washington.

Distribution
of printed
courses.

SEC. 4. Prior to September 1st, 1919, the State Superintendent of Public Instruction shall cause to be printed and distributed to school officials, principals, county superintendents, boards of directors of public schools, boards of trustees of the state normal schools, and boards of regents of the University of Washington, of the State College of Washington, a sufficient number of copies of said courses, to supply all teachers in the state concerned in the enforcement of the provisions of this act, and shall cause any revision or revisions of said courses to be printed and distributed in like manner.

Duty of
school
officials.

SEC. 5. It shall be the duty of school officials, principals, county superintendents, boards of directors of public schools, boards of trustees of the state normal schools, and boards of regents of the University of Washington, and of the State College of Washington, to direct and enforce said courses in physical education, or any revision or revisions thereof, as may be prescribed by the State Board of Education.

Passed the House, February 19, 1919.

Passed the Senate, March 5, 1919.

Approved by the Governor March 11, 1919.