# Chapter 388-845 WAC

## DDA HOME AND COMMUNITY BASED SERVICES WAIVERS

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DDA Home and Community Based Services Waivers 388-845-0001

WAC 388-845-0001 Definitions. "Aggregate services" means a combination of services subject to the dollar limitations in the basic plus waivers.

"Allocation" means the amount of IFS waiver funding available to the client for a maximum of twelve months.

"CARE" means comprehensive assessment and reporting evaluation.

"CIIBS" means children's intensive in-home behavioral support waiver.

"Client" or "person" means a person who has a developmental disability as defined in RCW 71A.10.020(5) and has been determined eligible to receive services by the administration under chapter 71A.16 RCW.

"Community crisis stabilization services" or "CCSS" means a state operated program that provides short term supports to participants who meet specific criteria and who are in crisis and/or who are at risk of hospitalization or institutional placement.

"DDA" means the developmental disabilities administration, of the department of social and health services.

"DDA assessment" refers to the standardized assessment tool as defined in chapter 388-828 WAC, used by DDA to measure the support needs of persons with developmental disabilities.

"Department" means the department of social and health services.

"EPSDT" means early and periodic screening, diagnosis, and treatment, medicaid's child health component providing a mandatory and comprehensive set of benefits and services for children up to age twenty one as defined in WAC 182-534-0100.

"Enhanced respite services" means respite care for DDA enrolled children and youth, who meet specific criteria, in a DDA contracted and licensed staffed residential setting.

"Evidence based treatment" means the use of physical, mental and behavioral health interventions for which systematic, empirical research has provided evidence of statistically significant effectiveness as treatments for specific conditions. Alternate terms with the same meaning are evidence-based practice (EBP) and empirically supported treatment (EST).

"Family" means one or more of the following relatives: Spouse or registered domestic partner; natural, adoptive or step parent; grandparent; child; stepchild; sibling; step sibling; uncle; aunt; first cousin; niece; or nephew.

"Family home" means the residence where you and your family member(s) live.

"Gainful employment" means employment that reflects achievement of or progress towards a living wage.

"HCBS waivers" means home and community based services waivers.

"Home" means present or intended place of residence.

"ICF/IID" means an intermediate care facility for individuals with intellectual disabilities.

"IFS waiver" means the individual and family services waivers.

"Integrated business settings" means a setting that enables participants to either work alongside or interact with individuals who do not have disabilities, or both.

"Integrated settings" mean typical community settings not designed specifically for individuals with disabilities in
which the majority of persons employed and participating are individuals without disabilities.

"Legal representative" means a parent of a person who is under eighteen years of age, a person's legal guardian, a person's limited guardian when the subject matter is within the scope of limited guardianship, a person's attorney at law, a person's attorney in fact, or any other person who is authorized by law to act for another person.

"Living wage" means the amount of earned wages needed to enable an individual to meet or exceed his or her living expenses.

"Necessary supplemental accommodation representative" means an individual who receives copies of DDA planned action notices (PANs) and other department correspondence in order to help a client understand the documents and exercise the client's rights. A necessary supplemental accommodation representative is identified by a client of DDA when the client does not have a legal guardian and the client is requesting or receiving DDA services.

"Participant" means a client who is enrolled in a home and community based services waiver program.

"Person-centered service plan/individual support plan" or "ISP" is a document that identifies your goals and assessed health and welfare needs. Your person-centered service plan/individual support plan also indicates the paid services and natural supports that will assist you to achieve your goals and address your assessed needs.

"Primary caregiver" means the person who provides the majority of your care and supervision.

"Provider" means an individual or agency who meets the provider qualifications and is contracted with DSHS to provide services to you.

"Respite assessment" means an algorithm within the DDA assessment that determines the number of hours of respite care you may receive per year if you are enrolled in the basic plus, children's intensive in-home behavioral support, or core waiver.

"SSI" means supplemental security income, an assistance program administered by the federal Social Security Administration for blind, disabled and aged individuals.

"SSP" means state supplementary payment program, a state-paid cash assistance program for certain clients of the developmental disabilities administration.

"State funded services" means services that are funded entirely with state dollars.

"You" or "your" means the client.


WAC 388-845-0005 What are home and community based services (HCBS) waivers? (1) Home and community based services (HCBS) waivers are services approved by the Centers for Medicare and Medicaid Services (CMS) under section 1915(c) of the Social Security Act as an alternative to intermediate care facility for the individuals with intellectual disabilities (ICF/ID).

(2) Certain federal regulations are "waived" enabling the provision of services in the home and community to individuals who would otherwise require the services provided in an ICF/ID as defined in chapters 388-835 and 388-837 WAC.

WAC 388-845-0010 What is the purpose of HCBS waivers? The purpose of HCBS waivers is to provide services in the community to individuals with ICF/ID level of need to prevent their placement in an ICF/ID.

WAC 388-845-0015 What HCBS waivers are provided by the developmental disabilities administration (DDA)? DDA provides services through five HCBS waivers:

(1) Basic plus waiver;
(2) Core waiver;
(3) Community protection (CP) waiver;
(4) Children's intensive in-home behavioral support waiver (CIIBS); and
(5) Individual and family services (IFS) waiver.

WAC 388-845-0020 When were the HCBS waivers effective? Basic plus, children's intensive in-home behavioral support, core and community protection waivers were effective September 1, 2012. Individual and family services waiver was effective June 1, 2015.

WAC 388-845-0030 Do I meet criteria for HCBS waiver-funded services? (1) You meet criteria for DDA HCBS waiver-funded services if you meet all of the following:

[Ch. 388-845 WAC p. 4]
(a) You have been determined eligible for DDA services per RCW 71A.10.020.
(b) You have been determined to meet ICF/IID level of care per WAC 388-845-0070, 388-828-3060 and 388-828-3080.
(c) You meet disability criteria established in the Social Security Act.
(d) You meet financial eligibility requirements as defined in WAC 182-515-1510.
(e) You choose to receive services in the community rather than in an ICF/IID facility.
(f) You have a need for monthly waiver services or monthly monitoring as identified in your person-centered service plan/individual support plan.
(g) You are not residing in hospital, jail, prison, nursing facility, ICF/IID, or other institution.
(h) Additionally, for the children's intensive in-home behavioral support (CIIBS) waiver-funded services:
   (i) You are age eight or older and under the age of eighteen for initial enrollment and under age twenty-one for continued enrollment;
   (ii) You have been determined to meet CIIBS program eligibility per chapter 388-828 WAC prior to initial enrollment only;
   (iii) You live with your family; and
   (iv) Your parent/guardian(s) and primary caregiver(s), if other than parent/guardian(s), have signed the participation agreement.
(2) For individual and family services waiver funded services, you must meet the criteria in subsection (1) of this section and also:
   (a) Live in your family home; and
   (b) Are age three or older.

[WAC 388-845-0031 Can I be enrolled in more than one HCBS waiver? You cannot be enrolled in more than one HCBS waiver at the same time.

[WAC 388-845-0035 Am I guaranteed placement on a waiver if I meet waiver criteria? (1) If you are not currently enrolled in a waiver, meeting criteria for the waiver does not guarantee access to or receipt of waiver services.
(2) If you are currently on a waiver and you have been determined to have health and welfare needs that can be met only by services available on a different waiver, you are not guaranteed enrollment in that different waiver.
(3) WAC 388-845-0041, 388-845-3080 and 388-845-3085 describe DDA's responsibilities to provide services.


[WAC 388-845-0040 Is there a limit to the number of people who can be enrolled in each HCBS waiver? Each waiver has a capacity limit on the number of people who can be served in a waiver year. In addition, DDA has the authority to limit capacity based on availability of funding for new waiver participants.


[WAC 388-845-0045 When is the placement date of an approved time-limited waiver approved? If a person is approved for a time-limited waiver, DDA will not deny or limit, based on lack of funding, the number of waiver services for which you are eligible.


[WAC 388-845-0045 When there is capacity to add people to a waiver, how does DDA determine who will be enrolled? When there is capacity on a waiver and available funding for new waiver participants, DDA may enroll people from the statewide database in a waiver based on the following priority considerations:
(1) First priority will be given to current waiver participants assessed to require a different waiver because their identified health and welfare needs have increased and these needs cannot be met within the scope of their current waiver.

[Ch. 388-845 WAC p. 5]
WAC 388-845-0050 How do I request to be enrolled in a waiver? (1) You can contact DDA and request to be enrolled in a waiver or to enroll in a different waiver at any time.

(2) If you are assessed as meeting ICF/ID level of care as defined in WAC 388-845-0070 and chapter 388-828 WAC, your request for waiver enrollment will be documented by DDA in a statewide database.

(3) For the children’s intensive in-home behavioral support (CIIBS) waiver only, if you are assessed as meeting both ICF/ID level of care and CIIBS eligibility as defined in WAC 388-845-0030 and chapter 388-828 WAC, your request for waiver enrollment will be documented by DDA in a statewide database.

WAC 388-845-0051 How will I be notified of the decision by DDA to enroll me in a waiver? DDA will notify you in writing of its decision to enroll you in a waiver or its decision to deny your request to be enrolled in a waiver.

WAC 388-845-0052 What is the process if I am already on a DDA HCBS waiver and request enrollment on a different DDA HCBS waiver? (1) If you are already enrolled in a DDA HCBS waiver and you request to be enrolled in a different waiver DDA will do the following:

(a) Assess your needs to determine whether your health and welfare needs can be met with services available on your current waiver or whether those needs can only be met through services offered on a different waiver.

(b) If DDA determines your health and welfare needs can be met by services available on your current waiver your enrollment request will be denied.

(c) If DDA determines your health and welfare needs can only be met by services available on a different waiver your service need will be reflected in your person-centered service plan/individual support plan.

(d) If DDA determines there is capacity on the waiver that is determined to meet your needs, DDA will place you on that waiver.

(2) You will be notified in writing of DDA’s decision under subsection (1)(a) of this section and if your health and welfare needs cannot be met on your current waiver, DDA will notify you in writing whether there is capacity on the waiver that will meet your health and welfare needs and whether you will be enrolled on that waiver. If current capacity on that waiver does not exist, your eligibility for enrollment onto that different waiver will be tracked on a statewide database.

WAC 388-845-0055 How do I remain eligible for the waiver? (1) Once you are enrolled in a DDA HCBS waiver, you can remain eligible if you continue to meet eligibility criteria in WAC 388-845-0030, and:

(a) You complete a reassessment with DDA at least once every twelve months to determine if you continue to meet all of these eligibility requirements;

(b) You must either receive a waiver service at least once in every thirty consecutive days, as specified in WAC 182-513-1320(3), or your health and welfare needs require monthly monitoring, which will be documented in your client record;

(c) You complete an in-person DDA assessment/reassessment interview per WAC 388-828-1520.

(2) For the children’s intensive in-home behavioral support waiver, you must meet the criteria in subsection (1) of this section and:

(a) Be under age twenty-one;

(b) Live with your family; and

(c) Have an annual participation agreement signed by your parent/guardian(s) and primary caregiver(s), if other than parent/guardian(s).

(3) For the individual and family services waiver, you must meet the criteria in subsection (1) of this section and:
(a) Live in the family home; and 
(b) Be age three or over.


WAC 388-845-0060 Can your waiver enrollment be terminated? DDA may terminate your waiver enrollment if DDA determines that:

(1) Your health and welfare needs cannot be met in your current waiver or for one of the following reasons:
   (a) You no longer meet one or more of the requirements listed in WAC 388-845-0030;
   (b) You do not have an identified need for a waiver service at the time of your annual person-centered service plan/individual support plan;
   (c) You do not use a waiver service at least once in every thirty consecutive days and your health and welfare do not require monthly monitoring;
   (d) You are on the community protection waiver and:
      (i) You choose not to be served by a certified residential community protection provider-intensive supported living services (CP-ISLS);
      (ii) You engage in any behaviors identified in WAC 388-831-0240 (1) through (4); and
      (iii) DDA determines that your health and safety needs or the health and safety needs of the community cannot be met in the community protection program;
   (e) You choose to unenroll from the waiver;
   (f) You reside out-of-state;
   (g) You cannot be located or do not make yourself available for the annual waiver reassessment of eligibility;
   (h) You refuse to participate with DDA in:
      (i) Service planning;
      (ii) Required quality assurance and program monitoring activities; or
      (iii) Accepting services agreed to in your person-centered service plan/individual support plan as necessary to meet your health and welfare needs;
   (i) You are residing in a hospital, jail, prison, nursing facility, ICF/IID, or other institution and remain in residence at least one full calendar month, and are still in residence:
      (i) At the end of that full calendar month, there is no immediate plan for you to return to the community;
      (ii) At the end of the twelfth month following the effective date of your current person-centered service plan/individual support plan, as described in WAC 388-845-3060; or
      (iii) The end of the waiver fiscal year, whichever date occurs first;
   (j) Your needs exceed the maximum funding level or scope of services under the basic plus waiver as specified in WAC 388-845-3080; or
   (k) Your needs exceed what can be provided under WAC 388-845-3085.

(2) Services offered on a different waiver can meet your health and welfare needs and DDA enrolls you on a different waiver.


WAC 388-845-0065 What happens if I am terminated or choose to disenroll from a waiver? If you are terminated from a waiver or choose to disenroll from a waiver, DDA will notify you:

(1) DDA cannot guarantee continuation of your current services, including medicaid eligibility.

(2) Your eligibility for nonwaiver state-only funded DDA services is based upon availability of funding and program eligibility for a particular service.

(3) If you are terminated from the CIIBS waiver due to turning age twenty-one, DDA will assist with transition planning at least twelve months prior to your twenty-first birthday.


WAC 388-845-0070 What determines if I need ICF/IID level of care? DDA determines if you need ICF/IID level of care based on your need for waiver services. To reach this decision, DDA uses the DDA assessment as specified in chapter 388-828 WAC.


WAC 388-845-0100 What determines which waiver I am assigned to? DDA will assign you to the waiver with the minimum service package necessary to meet your health and welfare needs, based on its evaluation of your DDA assessment as described in chapter 388-828 WAC and the following criteria:

(1) For the individual and family services waiver, you:
   (a) Are age three or older;
   (b) Live in your family home; and
   (c) Are assessed to need a waiver service to remain in the family home.

(2) For the basic plus waiver your health and welfare needs require a waiver service to remain in the community.

(3) For the core waiver:
(a) You are at immediate risk of out-of-home placement; and/or
(b) You have an identified health and welfare need for residential services that cannot be met by the basic plus waiver.
(4) For the community protection waiver, refer to WAC 388-845-0105 and chapter 388-831 WAC.
(5) For the children’s intensive in-home behavioral support waiver, you:
   (a) Are age eight or older and under age eighteen;
   (b) Live with your family;
   (c) Are assessed at high or severe risk of out of home placement due to challenging behavior per chapter 388-828 WAC; and
   (d) You have a signed participation agreement from your parent/guardian(s) and primary caregiver(s), if other than parent/guardian(s).

WAC 388-845-0105 What criteria determine assignment to the community protection waiver? DDA may assign you to the community protection waiver only if you are at least eighteen years of age, not currently residing in a hospital, jail or other institution, and meet the following criteria:
(1) You have been identified by DDA as a person who meets one or more of the following:
   (a) You have been convicted of or charged with a crime of sexual violence as defined in chapter 71.09 RCW;
   (b) You have been convicted of or charged with acts directed towards strangers or individuals with whom a relationship has been established or promoted for the primary purpose of victimization, or persons of casual acquaintance with whom no substantial personal relationship exists;
   (c) You have been convicted of or charged with a sexually violent offense and/or predatory act, and may constitute a future danger as determined by a qualified professional;
   (d) You have not been convicted and/or charged, but you have a history of stalking, violent, sexually violent, predatory and/or opportunistic behavior which demonstrates a likelihood to commit a sexually violent and/or predatory act based on current behaviors that may escalate to violence, as determined by a qualified professional; or
   (e) You have committed one or more violent offense, as defined in RCW 9.94A.030;
(2) You receive or agree to receive residential services from certified residential community protection provider-intensive supported living services (CP-ISLS); and
(3) You comply with the specialized supports and restrictions in one or more of the following:
   (a) Your person-centered service plan/individual support plan;
   (b) Your individual instruction and support plan (IISP); or
   (c) Your treatment plan provided by DDA approved certified individuals and agencies.


WAC 388-845-0110 Are there limitations to the waiver services you can receive? There are limitations to waiver services. Those are:
(1) A service must be available in your waiver.
(2) The need for a service must be identified and authorized in your person-centered service plan/individual support plan.
(3) Behavioral health stabilization services may be added to your person-centered service plan/individual support plan after the services are provided.
(4) Waiver services are limited to services required to prevent ICF/IID placement.
(5) The cost of your waiver services cannot exceed the average daily cost of care in an ICF/IID.
(6) Waiver services cannot replace or duplicate other available paid or unpaid supports or services. You must first pursue benefits available to you through private insurance, the medicare state plan, or other resources.
(7) Waiver funding cannot be authorized for treatments determined by DSHS to be experimental.
(8) For IFS and basic plus waivers, services must not exceed the yearly limits specified in these programs for specific services or combinations of services.
(9) Your choice of qualified providers and services is limited to the most cost effective option that meets your health and welfare needs.
(10) Services provided out-of-state, other than in recognized bordering cities, are limited to respite care and personal care during vacations of not more than thirty consecutive days.
   (a) You may receive services in a recognized out-of-state bordering city on the same basis as in-state services.
   (b) The only recognized bordering cities per WAC 182-501-0175 are:
      (i) Coeur d’Alene, Moscow, Sandpoint, Priest River, and Lewiston, Idaho; and
   (11) Other out-of-state waiver services require an approved exception to rule before DDA can authorize payment.
   (12) Waiver services do not cover copays, deductibles, dues, membership fees, or subscriptions.

WAC 388-845-0111 Are there limitations regarding who can provide services? The following limitations apply to providers for waiver services: 
(1) Your spouse must not be your paid provider for any waiver service.
(2) If you are under age eighteen, your natural, step, or adoptive parent must not be your paid provider for any waiver service.
(3) If you are age eighteen or older, your natural, step, or adoptive parent must not be your paid provider for any waiver service with the exception of:
   (a) Personal care;
   (b) Transportation to and from a waiver service;
   (c) Residential habilitation services per WAC 388-845-1510 if your parent is certified as a residential agency per chapter 388-101 WAC;
   (d) Respite care if you and the parent who provides the respite care live in separate homes.
(4) If you receive CIIBS waiver services, your legal representative or family member per WAC 388-845-0001 must not be your paid provider for any waiver service with the exception of:
   (a) Transportation to and from a waiver service; and
   (b) Respite per WAC 388-845-1605 through 388-845-1620.

WAC 388-845-0115 Does your waiver eligibility limit your access to DDA nonwaiver services? If you are enrolled in a DDA HCBS waiver: 
(1) You are not eligible for state-only funding for DDA services; and
(2) You may be eligible for medicaid personal care or community first choice services.

WAC 388-845-0120 Will I continue to receive state supplementary payments (SSP) if I am on the waiver? Your participation in one of the DDA HCBS waivers may affect your continued receipt of state supplemental payment from DDA. To continue to receive SSP, you must meet DDA/SSP programmatic eligibility requirements as identified in WAC 388-827-0115.

WAC 388-845-0200 What waiver services are available to you? Each of the DDA HCBS waivers has a different scope of service and your person-centered service plan/individual support plan defines the waiver services available to you.

WAC 388-845-0210 What is the scope of services for the basic plus waiver?
### WAC 388-845-0215 What is the scope of services for the core waiver?

<table>
<thead>
<tr>
<th>CORE WAIVER</th>
<th>SERVICES</th>
<th>YEARLY LIMIT</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Behavior support and consultation</td>
<td>Determined by the person-centered service plan/individual support plan, not to exceed the average cost of an ICF/IID for any combination of services</td>
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<tr>
<td></td>
<td>Community guide</td>
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<td></td>
<td>Community transition</td>
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<td>Environmental adaptations</td>
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<td>Occupational therapy</td>
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<td>Physical therapy</td>
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<td></td>
<td>Sexual deviancy evaluation</td>
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<td></td>
<td>Respite care</td>
<td>Limits are determined by DDA assessment</td>
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<td></td>
<td>Behavioral health crisis diversion bed services</td>
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<td></td>
<td>Specialized psychiatric services</td>
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<td></td>
<td>Emergency assistance</td>
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### WAC 388-845-0215 Services Yearly Limit

<table>
<thead>
<tr>
<th>SERVICE</th>
<th>YEARLY LIMIT</th>
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<tbody>
<tr>
<td>Community access</td>
<td>Limits are determined by DDA assessment</td>
</tr>
<tr>
<td>Personal care</td>
<td>Limits determined by the CARE tool used as part of the DDA assessment</td>
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<tr>
<td>Respite care</td>
<td>Limits are determined by the DDA assessment</td>
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<tr>
<td>Sexual deviancy evaluation</td>
<td>Limits are determined by DDA</td>
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<tr>
<td>Emergency assistance is only for basic plus waiver aggregate services</td>
<td>$6000 per year; preauthorization required</td>
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<tr>
<td>Skilled nursing</td>
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<tr>
<td>Specialized medical equipment/supplies</td>
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<td>Specialized psychiatric services</td>
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<tr>
<td>Speech, hearing and language services</td>
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<tr>
<td>Staff/family consultation and training</td>
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<td>Transportation</td>
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<tr>
<td>Wellness education</td>
<td></td>
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<tr>
<td>Residential habilitation</td>
<td>Limits are determined by DDA assessment</td>
</tr>
<tr>
<td>Employment services</td>
<td>Limits are determined by DDA assessment and employment status; no new enrollment in prevocational services after September 1, 2015</td>
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<tr>
<td>Prevocational services</td>
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<tr>
<td>Supported employment</td>
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<td>Individualized technical assistance</td>
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<td>Behavior support and consultation</td>
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<td>Behavioral health crisis diversion bed services</td>
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<td>Specialized psychiatric services</td>
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### WAC 388-845-0220 What is the scope of services for the community protection waiver?

<table>
<thead>
<tr>
<th>COMMUNITY PROTECTION WAIVER</th>
<th>SERVICES</th>
<th>YEARLY LIMIT</th>
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<tbody>
<tr>
<td>Behavior support and consultation</td>
<td>Determined by the person-centered service plan/individual support plan, not to exceed the average cost of an ICF/IID for any combination of services</td>
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<td>Community transition</td>
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<td>Environmental adaptations</td>
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<td>Occupational therapy</td>
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<td>Physical therapy</td>
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<tr>
<td>Sexual deviancy evaluation</td>
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<tr>
<td>Skilled nursing</td>
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<td>Specialized medical equipment and supplies</td>
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<td>Specialized psychiatric services</td>
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<tr>
<td>Speech, hearing and language services</td>
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<td>Staff/family consultation and training</td>
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<td>Transportation</td>
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<td>Residential habilitation</td>
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<td>Employment Services:</td>
<td>Limits determined by DDA assessment and employment status; no new enrollment in prevocational services after September 1, 2015</td>
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<td>Prevocational services</td>
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<td>Supported employment</td>
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<td>Individual technical assistance</td>
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### WAC 388-845-0225 What is the scope of services for the children’s intensive in-home behavioral support (CIIBS) waiver?

<table>
<thead>
<tr>
<th>CIIBS Waiver</th>
<th>Services</th>
<th>Yearly Limit</th>
</tr>
</thead>
</table>
| CIIBS Waiver | • Behavior support and consultation  
• Staff/family consultation and training  
• Environmental adaptations  
• Occupational therapy  
• Physical therapy  
• Sexual deviancy evaluation  
• Nurse delegation  
• Specialized medical equipment/supplies  
• Specialized psychiatric services  
• Speech, hearing and language services  
• Transportation  
• Assistive technology  
• Therapeutic equipment and supplies  
• Specialized nutrition and clothing  
• Vehicle modifications  
Respite care | Limits determined by the DDA assessment. Costs are included in the total average cost of $4000 per month per participant |

<table>
<thead>
<tr>
<th>CIIBS Waiver</th>
<th>Services</th>
<th>Yearly Limit</th>
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</thead>
</table>
| CIIBS Waiver | Behavioral health stabilization services:  
Behavioral support and consultation  
Crisis diversion bed services  
Specialized psychiatric services  
Behavioral health stabilization services:  
Behavioral support and consultation  
Crisis diversion bed services  
Specialized psychiatric services  
Behavioral health stabilization services:  
Behavioral support and consultation  
Crisis diversion bed services  
Specialized psychiatric services | Limits determined by behavioral health specialist |
WAC 388-845-0230 What is the scope of services for the individual and family services (IFS) waiver? (1) IFS waiver services include:

<table>
<thead>
<tr>
<th>IFS Waiver</th>
<th>Services</th>
<th>Yearly Limit</th>
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<tr>
<td></td>
<td>• Assistive technology</td>
<td>Total cost of waiver services cannot exceed annual allocation determined by the person-centered service plan/ISP</td>
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<td>• Behavior support and consultation</td>
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<td>• Community engagement</td>
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<td>• Staff/family consultation and training</td>
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<td>• Environmental adaptations</td>
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<td>• Occupational therapy</td>
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<td>• Physical therapy</td>
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<td></td>
<td>• Sexual deviancy evaluation (paid for outside of annual allocation)</td>
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<td>• Nurse delegation</td>
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<td>• Peer mentoring</td>
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<td>• Person-centered plan facilitation</td>
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<td>• Respite care</td>
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<td>• Specialized clothing</td>
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<td>• Specialized medical equipment/supplies</td>
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<td>• Specialized nutrition</td>
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<td>• Specialized psychiatric services</td>
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<td></td>
<td>• Speech, hearing and language services</td>
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<td>• Supported parenting services</td>
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<td>• Transportation</td>
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<td>• Therapeutic equipment and supplies</td>
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<td></td>
<td>• Vehicle modifications</td>
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<td></td>
<td>• Wellness education</td>
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(2) Your IFS waiver services annual allocation is based upon the DDA assessment described in chapter 388-828 WAC. The DDA assessment determines your service level and annual allocation based on your assessed need. Annual allocations are as follows:

(a) Level 1 = one thousand two hundred dollars;
(b) Level 2 = one thousand eight hundred dollars;
(c) Level 3 = two thousand four hundred dollars; or
(d) Level 4 = three thousand six hundred dollars.

WAIVER SERVICES DEFINITIONS

WAC 388-845-0300 What are adult family home (AFH) services? Per RCW 70.128.010 an adult family home (AFH) is a regular family abode in which a person or persons provide personal care, special care, room, and board to more than one but not more than six adults who are not related by blood or marriage to the person or persons providing the service. Adult family homes (AFH) may provide residential care to adults in the basic plus waiver.

WAC 388-845-0305 Who is a qualified provider of AFH services? The provider of AFH services must be licensed and contracted with DSHS as an AFH who has successfully completed the DDA specialty training provided by the department.

WAC 388-845-0310 Are there limits to the AFH services I can receive? Adult family homes services are limited by the following:

(1) AFH services are defined and limited per chapter 388-106 WAC governing medicaid personal care and the comprehensive assessment and reporting evaluation (CARE).

(2) Rates are determined by and limited to department published rates for the level of care generated by CARE.

(3) AFH reimbursement cannot be supplemented by other department funding.
**WAC 388-845-0400 What are adult residential care (ARC) services?** Adult residential care (ARC) facilities may provide residential care to adults. This service is available in the basic plus waiver.

1. An ARC is a licensed assisted living facility for seven or more unrelated adults.
2. Services include, but are not limited to, individual and group activities; assistance with arranging transportation; assistance with obtaining and maintaining functional aids and equipment; housework; laundry; self-administration of medications and treatments; therapeutic diets; cuing and providing physical assistance with bathing, eating, dressing, locomotion and toileting; stand-by one person assistance for transferring.

[Statutory Authority: RCW 71A.12.030, 71A.12.120, 2009 c 194, and 2008 c 329 § 205 (1)(i), and Title 71A RCW. WSR 10-22-088, § 388-845-0415, filed 11/1/10, effective 12/2/10.]

**WAC 388-845-0405 Who is a qualified provider of ARC services?** The provider of ARC services must:

1. Be a licensed assisted living facility;
2. Be contracted with DSHS to provide ARC services; and
3. Have completed the required and approved DDA specialty training.


**WAC 388-845-0410 Are there limits to the ARC services I can receive?** ARC services are limited by the following:

1. ARC services are defined and limited by assisted living facility licensure and rules in chapter 388-78A WAC, and chapter 388-106 WAC governing medicaid personal care and the comprehensive assessment and reporting evaluation (CARE).
2. Rates are determined and limited to department published rates for the level of care generated by CARE.
3. ARC reimbursement cannot be supplemented by other department funding.


**WAC 388-845-0415 What is assistive technology?** Assistive technology consists of items, equipment, or product systems used to increase, maintain, or improve functional capabilities of waiver participants, as well as services to directly assist the participant and caregivers to select, acquire, and use the technology. Assistive technology is available in the CIIBS and IFS waivers, and includes the following:

1. The evaluation of the needs of the waiver participant, including a functional evaluation of the participant in the participant’s customary environment;
2. Purchasing, leasing, or otherwise providing for the acquisition of assistive technology devices;
3. Selecting, designing, fitting, customizing, adapting, applying, retaining, repairing, or replacing assistive technology devices;
4. Coordinating and using other therapies, interventions, or services with assistive technology devices, such as those associated with existing education and rehabilitation plans and programs;
5. Training or technical assistance for the participant and/or if appropriate, the participant's family; and
6. Training or technical assistance for professionals, including individuals providing education and rehabilitation services, employers, or other individuals who provide services to, employ, or are otherwise involved in the assistive technology related life functions of individuals with disabilities.


**WAC 388-845-0420 Who is a qualified provider of assistive technology?** The provider of assistive technology must be an entity contracted with DDA to provide assistive technology, or one of the following professionals contracted with DDA and duly licensed, registered or certified to provide this service:

1. Occupational therapist;
2. Physical therapist;
3. Speech and language pathologist;
4. Licensed music therapist;
5. Recreation therapist registered in Washington and certified by the national council for therapeutic recreation;
6. Audiologist;
7. Behavior specialist; or
8. Rehabilitation counselor.


**WAC 388-845-0425 Are there limits to the assistive technology you can receive?** (1) Clinical and support needs for assistive technology are identified in your DDA assessment and documented in the person-centered service plan/individual support plan.

2. Assistive technology may be authorized as a waiver service by obtaining an initial denial of funding or information showing that the technology is not covered by medicaid or private insurance.
3. The department does not pay for experimental technology.
4. The department requires your treating professional’s written recommendation regarding your need for the technology. This recommendation must take into account that:
   a. The treating professional has personal knowledge of and experience with the requested assistive technology; and
   b. The technology is appropriate for the participant; and
   c. The technology is in line with the participant's written recommendation regarding your need for technology...
(b) The treating professional has recently examined you, reviewed your medical records, and conducted a functional evaluation.

(5) Assistive technology requires prior approval by the DDA regional administrator or designee.

(6) The department may require a written second opinion from a department selected professional that meets the same criteria in subsection (4) of this section.

(7) The dollar amounts for your IFS waiver annual allocation limit the amount of assistive technology you are authorized to receive.


WAC 388-845-0500 What is behavior support and consultation? (1) Behavior support and consultation may be provided to persons on any of the DDA HCBS waivers and includes the development and implementation of programs designed to support waiver participants using:

(a) Individualized strategies for effectively relating to caregivers and other people in the waiver participant's life; and

(b) Direct interventions with the person to decrease aggressive, destructive, and sexually inappropriate or other behaviors that compromise their ability to remain in the community (i.e., training, specialized cognitive counseling, conducting a functional assessment, development and implementation of a positive behavior support plan).

(2) Behavior support and consultation may also be provided as a behavioral health stabilization service in accordance with WAC 388-845-1150 through 388-845-1160.


WAC 388-845-0501 What is included in behavior support and consultation for the children's intensive in-home behavioral support (CIIBS) waiver? (1) In addition to the definition in WAC 388-845-0500, behavior support and consultation in the CIIBS waiver must include the following characteristics:

(a) Treatment must be evidence based, driven by individual outcome data, and consistent with DDA's positive behavior support guidelines as outlined in contract;

(b) The following written components will be developed in partnership with the child and family by a behavior specialist as defined in WAC 388-845-0506:

(i) Functional behavioral assessment; and

(ii) Positive behavior support plan based on functional behavioral assessment.

(c) Treatment goals must be objective and measurable. The goals must relate to an increase in skill development and a resulting decrease in challenging behaviors that impede quality of life for the child and family; and

(d) Behavioral support strategies will be individualized and coordinated across all environments, such as home, school, and community, in order to promote a consistent approach among all involved persons.

(2) Behavior support and consultation in the CIIBS waiver may also include the following components:

(a) Behavioral technicians (as defined in WAC 388-845-0506) may implement positive behavior support plans which may include 1:1 behavior interventions and skill development activity.

(b) Positive behavior support plans may include recommendations by a music and/or recreation therapist, as defined in WAC 388-845-2005.


WAC 388-845-0505 Who is a qualified provider of behavior support and consultation? Under the basic plus, core, CP and IFS waivers, the provider of behavior support and consultation must be one of the following professionals contracted with DDA and duly licensed, registered or certified to provide this service:

(1) Marriage and family therapist;

(2) Mental health counselor;

(3) Psychologist;

(4) Sex offender treatment provider;

(5) Social worker;

(6) Registered nurse (RN) or licensed practical nurse (LPN);

(7) Psychiatrist;

(8) Psychiatric advanced registered nurse practitioner (ARNP);

(9) Physician assistant working under the supervision of a psychiatrist;

(10) Counselors registered or certified in accordance with the requirements of chapter 18.19 RCW; and

(11) Polygrapher; or

(12) State operated behavior support agency limited to behavioral health stabilization services.


WAC 388-845-0506 Who is a qualified provider of behavior support and consultation for the children's intensive in-home behavioral supports (CIIBS) waiver? (1) Under the CIIBS waiver, providers of behavior support and consultation must be contracted with DDA to provide CIIBS intensive services as one of the following two provider types:
WAC 388-845-0603 Who is eligible to receive community access services? You are eligible for community access services if you are enrolled in the basic plus or core waivers and:

(1) You are sixty-two or older; or

(2) You meet age requirements under WAC 388-845-2110(1) and;

(a) You have participated in the developmental disabilities administration (DDA’s) supported employment services for nine consecutive months; or

(b) DDA has determined that you are exempt from the nine-month DDA supported employment service requirement because:

(i) Your medical or behavioral health records document a condition that prevents you from completing nine consecutive months of DDA supported employment services; or

(ii) You were referred to and were available for DDA supported employment services, but the service was not delivered within ninety days of the referral.

[Statutory Authority: RCW 71A.12.030. WSR 17-12-002, § 388-845-0603, filed 5/24/17, effective 6/24/17.]

WAC 388-845-0605 Who are qualified providers of community access services? Providers of community access services must be a county or an individual agency contracted with a county or DDA to provide community access services.

[Statutory Authority: RCW 71A.12.030 and 2012 c 49. WSR 13-24-045, § 388-845-0605, filed 11/26/13, effective 1/1/14.]

WAC 388-845-0610 Are there limits to community access services I can receive? The following limits apply to your receipt of community access services:

(1) You cannot receive community access services if you are receiving prevocational or supported employment services.

(2) The maximum hours of community access services you may receive are determined by the DDA assessment per WAC 388-828-9310.

[Statutory Authority: RCW 71A.12.030 and 2012 c 49. WSR 13-24-045, § 388-845-0610, filed 11/26/13, effective 1/1/14.]

WAC 388-845-0650 What are community engagement services? (1) Community engagement services are services designed to increase a waiver participant’s connection to and engagement in formal and informal community supports.

(2) Services are designed to develop creative, flexible, and supportive community resources and relationships for individuals with developmental disabilities.

[Ch. 388-845 WAC p. 15]
(3) Waiver participants are introduced to the community resources and supports that are available in their area.

(4) Participants are supported to develop skills that will facilitate integration into their community.

(5) Outcomes for this service include skill development, opportunities for socialization, valued community roles, and involvement in community activities, organizations, groups, projects, and other resources.

(6) This service is available in the IFS waiver.

[Statutory Authority: 2014 c 139, 2014 c 166, 2015 3rd sp.s. c 4, RCW 71A.12.030, and 71A.12.120. WSR 16-17-009, § 388-845-0650, filed 8/4/16, effective 9/4/16.]

WAC 388-845-0655 Who are qualified providers of community engagement services? Qualified providers of community engagement services must be contracted with DSHS to provide this service and must be an individual or organization that has specialized training to provide services to people with developmental disabilities. Qualified provider types include:

(1) Registered recreational therapists in the state of Washington; or

(2) Organizations that provide services that promote skill development, improved functioning, increased independence, as well as reducing or eliminating the effects of illness or disability, including, but not limited to:
   (a) Community centers;
   (b) Municipal parks and recreation programs;
   (c) Therapeutic recreation camps and programs; and
   (d) Organizations that provide supports for individuals with developmental disabilities.

[Statutory Authority: 2014 c 139, 2014 c 166, 2015 3rd sp.s. c 4, RCW 71A.12.030, and 71A.12.120. WSR 16-17-009, § 388-845-0655, filed 8/4/16, effective 9/4/16.]

WAC 388-845-0660 Are there limitations to the community engagement services you can receive? (1) Support needs for community engagement services are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan;

(2) The dollar amounts in the annual allocation for the IFS waiver limit the amount of service you can receive;

(3) Community engagement services are limited to the community where you live; and

(4) Community engagement services do not pay for the following costs:
   (a) Membership fees or dues;
   (b) Equipment related to activities; or
   (c) The cost of any activities.

[Statutory Authority: 2014 c 139, 2014 c 166, 2015 3rd sp.s. c 4, RCW 71A.12.030, and 71A.12.120. WSR 16-17-009, § 388-845-0660, filed 8/4/16, effective 9/4/16.]

WAC 388-845-0700 What is a community guide service? Community guide service increases access to informal community supports. Services are short-term and designed to develop creative, flexible and supportive community resources for individuals with developmental disabilities. This service is available in basic plus and core waivers.


WAC 388-845-0705 Who is a qualified community guide? Any individual or agency contracted with DDA as a "community guide" is qualified to provide this service.


WAC 388-845-0710 Are there limitations to the community guide services I can receive? (1) You may not receive community guide services if you are receiving residential habilitation services as defined in WAC 388-845-1500 because your residential provider can meet this need.

(2) The dollar limitations for aggregate services in your basic plus waiver limit the amount of service you may receive.


WAC 388-845-0750 What are community transition services? (1) Community transition services are reasonable costs (necessary expenses in the judgment of the state for you to establish your basic living arrangement) associated with moving from:

   (a) An institutional setting to a community setting in which you are living in your own home or apartment, responsible for your own living expenses and receiving services from a DDA certified residential habilitation services provider as defined in WAC 388-845-1505 and 388-845-1510; or

   (b) A provider operated setting, such as a group home, staffed residential, adult family home or companion home in the community to a community setting in which you are living in your own home or apartment, responsible for your own living expenses, and receiving services from a DDA certified residential habilitation services provider as defined in WAC 388-845-1505 and 388-845-1510.

   (2) Community transition services include:

      (a) Security deposits (not to exceed the equivalent of two month's rent) that are required to obtain a lease on an apartment or home;

      (b) Essential furnishings such as a bed, a table, chairs, window blinds, eating utensils and food preparation items;

      (c) Moving expenses required to occupy your own home or apartment;

      (d) Set-up fees or deposits for utility or service access (e.g., telephone, electricity, heating); and

      (e) Health and safety assurances, such as pest eradication, allergen control or one-time cleaning prior to occupancy.

   (3) Community transition services are available in the CORE and community protection waivers.


[Ch. 388-845 WAC p. 16] (5/26/17)
9/22/08, effective 10/23/08. Statutory Authority: RCW 71A.12.030, 71A.12.12 [71A.12.120] and chapter 71A.12 RCW. WSR 06-01-024, § 388-845-0750, filed 12/13/05, effective 1/13/06.

WAC 388-845-0755 Who are qualified providers of community transition services? (1) Providers of community transition services for individuals in the core waiver must meet the requirements as a provider of residential habilitation services contained in WAC 388-845-1505.

(2) Providers of community transition services for individuals in the community protection waiver must meet the requirements as a provider of residential habilitation services contained in WAC 388-845-1510.

[Statutory Authority: RCW 71A.12.030, 71A.12.12 [71A.12.120] and chapter 71A.12 RCW. WSR 06-01-024, § 388-845-0755, filed 12/13/05, effective 1/13/06.]

WAC 388-845-0760 Are there limitations to community transition services I can receive? (1) Community transition services do not include:

(a) Diversional or recreational items such as televisions, cable TV access, VCRs, MP3, CD or DVD players; and

(b) Computers if primarily used as a diversional or for recreation.

(2) Rent assistance is not available as a community transition service.

[Statutory Authority: RCW 71A.12.030, 71A.12.120 and Title 71A RCW. WSR 08-20-033, § 388-845-0760, filed 9/22/08, effective 10/23/08. Statutory Authority: RCW 71A.12.030, 71A.12.12 [71A.12.120] and chapter 71A.12 RCW. WSR 06-01-024, § 388-845-0755, filed 12/13/05, effective 1/13/06.]

WAC 388-845-0800 What is emergency assistance? Emergency assistance is a temporary increase to the yearly basic plus waiver aggregate dollar limit when additional waiver aggregate services are required to prevent ICF/ID placement.


WAC 388-845-0805 Who is a qualified provider of emergency assistance? The provider of the service you need to meet your emergency must meet the provider qualifications for that service.

[Statutory Authority: RCW 71A.12.030, 71A.12.12 [71A.12.120] and chapter 71A.12 RCW. WSR 06-01-024, § 388-845-0805, filed 12/13/05, effective 1/13/06.]

WAC 388-845-0810 How do I qualify for emergency assistance? You qualify for emergency assistance only if you have used all of your waiver aggregate funding and your current situation meets one of the following criteria:

(1) You involuntarily lose your present residence for any reason either temporary or permanent;

(2) You lose your present caregiver for any reason, including death;

(3) There are changes in your caregiver's mental or physical status resulting in the caregiver's inability to perform effectively for the individual; or

(4) There are significant changes in your emotional or physical condition that requires a temporary increase in the amount of a waiver service.


WAC 388-845-0820 Are there limits to your use of emergency assistance? All of the following limitations apply to your use of emergency assistance:

(1) Prior approval by the DDA regional administrator or designee is required based on a reassessment of your person-centered service plan/individual support plan to determine the need for emergency services;

(2) Payment authorizations are reviewed every thirty days and cannot exceed six thousand dollars per twelve months based on the effective date of your current person-centered service plan/individual support plan;

(3) Emergency assistance services are limited to the basic plus waiver aggregate services; and

(4) Emergency assistance may be used for interim services until:

(a) The emergency situation has been resolved; or

(b) You are transferred to alternative supports that meet your assessed needs; or

(c) You are transferred to an alternate waiver that provides the service you need.


WAC 388-845-0900 What are environmental adaptations? (1) Environmental adaptations are available in all of the DDA HCBS waivers. Environmental adaptations provide physical adaptations within the physical structure of the home, or outside the home to provide access to the home. The need must be identified by the DDA assessment and the participant's person-centered service plan/individual support plan. Environmental adaptations must meet one or more of the following criteria:

(a) Ensure the health, welfare and safety of the individual or caregiver or both; or

(b) Enable the individual who would otherwise require institutionalization to function with greater independence in the home.

(2) Environmental adaptations may include the purchase and installation of the following:

(a) Portable and fixed ramps;

(b) Grab bars and handrails;

(c) Widening of doorways, addition of pocket doors, or removal of nonweight bearing walls for accessibility;

(d) Prefabricated roll-in showers and bathtubs;

(e) Automatic touchless or other adaptive faucets and switches;

(f) Automatic turn-on and shut-off adaptations for appliances in the home;

(5/26/17)
(g) Adaptive toilets, bidets, and sinks;
(h) Specialized electrical or plumbing systems necessary for an approved modification or medical equipment and supplies necessary for either the individual's welfare and safety or caregiver's safety, or both;
(i) Repairs to environmental adaptations due to wear and tear if necessary for client safety and are more cost-effective than replacement of the adaptation;
(j) Debris removal necessary due to hoarding behavior addressed in the participant's positive behavior support plan (PBSP);
(k) Lowering or raising of counters, sinks, cabinets, or other modifications for accessibility;
(l) Reinforcement of walls and replacement of hollow doors with solid core doors;
(m) Replacement of windows with nonbreakable glass;
(n) Adaptive hardware and switches;
(o) Ceiling mounted lift systems or portable lift systems; and
(p) Other adaptations that meet identified needs.
(3) CIIBS and IFS waivers only may include adaptations to the home necessary to prevent property destruction caused by the participant's behavior, as addressed in the participant's positive behavior support plan.

WAC 388-845-0905 Who is a qualified provider for environmental adaptations? (1) For adaptations that do not require installation, qualified providers are retail vendors with a valid business license contracted with DDA to provide this service.
(2) For adaptations requiring installation, qualified providers must be a registered contractor per chapter 18.27 RCW and contracted with DDA. The contractor or subcontractor must be licensed and bonded to perform the specific type of work they are providing.
(3) For debris removal, qualified providers must be contracted with DDA.

WAC 388-845-0910 What limitations apply to environmental adaptations? The following service limitations apply to environmental adaptations:
(1) Clinical and support needs for environmental adaptations are identified in the waiver participant's DDA assessment and documented in the person-centered service plan/individual support plan.
(2) Environmental adaptations require prior approval by the DDA regional administrator or designee and must be supported by written bids from licensed contractors. One bid is required for adaptations costing one thousand five hundred dollars or less. Two bids are required for adaptations costing more than one thousand five hundred dollars and equal to or less than five thousand dollars. Three bids are required for adaptations costing more than five thousand dollars. All bids must include:
   (a) The cost of all required permits and sales tax; and
   (b) An itemized and clearly outlined scope of work.
(3) DDA may require an occupational therapist, physical therapist, or construction consultant to review and recommend an appropriate environmental adaptation statement of work prior to the waiver participant soliciting bids or purchasing adaptive equipment.
(4) Environmental adaptations or improvements to the home are excluded if they are of general utility without direct medical or remedial benefit to the individual, such as carpeting, roof repair, or central air conditioning.
(5) Environmental adaptations must meet all local and state building codes. Evidence of any required completed inspections must be submitted to DDA prior to authorizing payment for work.
(6) Deteriorated condition of the dwelling or other remodeling projects in progress in the dwelling may prevent or limit some or all environmental adaptations at the discretion of DDA.
(7) Location of the dwelling in a flood plain, landslide zone or other hazardous area may limit or prevent any environmental adaptations at the discretion of DDA.
(8) Written consent from the dwelling landlord is required prior to starting any environmental adaptations for a rental property. The landlord must not remove the environmental adaptations at the end of the waiver participant's tenancy as a condition of the landlord approving the environmental adaptation to the waiver participant's dwelling.
(9) Environmental adaptations cannot add to the total square footage of the home.
(10) The dollar amounts for aggregate services in your basic plus waiver or the dollar amount of your annual IFS payment for work.
(11) Damage repairs under the CIIBS and IFS waivers are subject to the following restrictions:
   (a) Limited to the cost of restoration to the original condition;
   (b) Limited to the dollar amounts of the IFS waiver participant's annual allocation;
   (c) Behaviors of waiver participants that resulted in damage to the dwelling must be addressed in a positive behavior support plan prior to the repair of damages; and
   (d) Repairs to personal property such as furniture, appliances, and normal wear and tear are excluded.
(12) The following adaptations are not included in this service:
   (a) Building fences and fence repairs; and
   (b) Carpet or carpet replacement.
**WAC 388-845-1000 What are extended state plan services?** Extended state plan services refer to physical therapy; occupational therapy; and speech, hearing and language services available to you under medicaid without regard to your waiver status. They are "extended" services when the waiver pays for more services than is provided under the state medicaid plan. These services are available under all DDA HCBS waivers.

**WAC 388-845-1010 Who is a qualified provider of extended state plan services?** Providers of extended state plan services must be certified, registered or licensed therapists as required by law and contracted with DDA for the therapy they are providing.

**WAC 388-845-1015 Are there limits to the extended state plan services you can receive?** (1) Clinical and support needs for extended state plan services are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan.

(2) Additional therapy may be authorized as a waiver service only after you have accessed what is available to you under medicaid and any other private health insurance plan.

(3) The department does not pay for treatment determined by DSHS to be experimental.

(4) The department and the treating professional determine the need for and amount of service you can receive:

(a) The department may require a second opinion from a department selected provider.

(b) The department will require evidence that you have accessed your full benefits through medicaid before authorizing this waiver service.

(5) The dollar amount for basic plus waiver aggregate services limit the amount of service you may receive.

(6) The dollar amount for your annual allocation on the IFS waiver limit the amount of service you may receive.

**WAC 388-845-1030 What are individual technical assistance services?** Individualized technical assistance service is assessment and consultation with the employment provider and/or client to identify and address existing barriers to employment. This is in addition to supports received through supported employment services or prevocational services for individuals who have not yet achieved their employment goal.

**WAC 388-845-1035 Who are qualified providers of individualized technical assistance services?** Providers of individualized technical assistance service must be a county or an individual or agency contracted with a county or DDA.

**WAC 388-845-1040 Are there limits to the individualized technical assistance services you can receive?** (1) Individualized technical assistance service cannot exceed three months in an individual's plan year.

(2) These services are available on the basic plus, core, and CP waivers.

(3) Individual must be receiving supported employment or prevocational services.

(4) Services are limited to additional hours per WAC 388-828-9355 and 388-828-9360.

**WAC 388-845-1100 What are behavioral health crisis diversion bed services?** Behavioral health crisis diversion bed services are temporary residential and behavioral services that may be provided in a client's home, licensed or certified setting or state operated setting. These services are available to eligible clients who are at risk of serious decline of mental functioning and who have been determined to be at risk of psychiatric hospitalization. These services are available in all four HCBS waivers administered by DDA as behavioral health stabilization services in accordance with WAC 388-845-1105 through 388-845-1160.

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[Statutory Authority: WAC 388-845-1030, 71A.12.030 and chapter 71A.12 RCW. WSR 06-01-024, § 388-845-1015, filed 12/13/05, effective 1/13/06.]

[Statutory Authority: RCW 71A.12.030 and 2012 c 49. WSR 13-24-045, § 388-845-1035, filed 11/26/13, effective 1/1/14. Statutory Authority: RCW 74.08.090, 74.09.520, and 2012 c 49. WSR 12-16-095, § 388-845-1035, filed 8/1/12, effective 9/1/12.]

[Statutory Authority: WAC 388-845-1100, filed 8/1/12, effective 9/1/12.]


[Ch. 388-845 WAC p. 19]
WAC 388-845-1105 Who is a qualified provider of behavioral health crisis diversion bed services? Providers of behavioral health crisis diversion bed services must be:

(1) DDA certified residential agencies per chapter 388-101 WAC;
(2) Other department licensed or certified agencies; or
(3) State operated agency.

WAC 388-845-1110 What are the limits of behavioral health crisis diversion bed services? (1) Clinical and support needs for behavioral health crisis diversion bed services are limited to those identified in the waiver participant's DDA assessment and documented in the person-centered service plan/individual support plan.

(2) Behavioral health crisis diversion bed services are intermittent and temporary. The duration and amount of services you need to stabilize your crisis is determined by a behavioral health professional and/or DDA.

(3) These services are available in the CIIBS, basic plus, core, and community protection waivers administered by DDA as behavioral health stabilization services in accordance with WAC 388-845-1150 through 388-845-1160.

(4) The costs of behavioral health crisis diversion bed services do not count toward the dollar amounts for aggregate services in the basic plus waiver.

WAC 388-845-1150 What are behavioral health stabilization services? Behavioral health stabilization services assist persons who are experiencing a behavioral health crisis or meet criteria for enhanced respite or community crisis stabilization services. These services are available in the basic plus, core, CIIBS, IFS, and community protection waivers administered by DDA as behavioral health stabilization services in accordance with WAC 388-845-1150.

WAC 388-845-1155 Who are qualified providers of behavioral health stabilization services? Providers of these behavioral health stabilization services are listed in the rules in this chapter governing the specific services listed in WAC 388-845-1150.

WAC 388-845-1160 Are there limitations to the behavioral health stabilization services that you can receive? (1) Clinical and support needs for behavioral health stabilization services are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan.

(2) Behavioral health stabilization services are intermittent and temporary. The duration and amount of services you need to stabilize your crisis is determined by a behavioral health professional and/or DDA.

(3) The costs of behavioral health stabilization services do not count toward the dollar amounts for aggregate services in the basic plus waiver or the annual allocation in the IFS waiver.

(4) Behavioral health stabilization services require prior approval by DDA or its designee.

WAC 388-845-1170 What is nurse delegation? (1) Nurse delegation services are services in compliance with WAC 246-840-910 through 246-840-970 by a registered nurse to provide training and nursing management for nursing assistants who perform delegated nursing tasks.

(2) Delegated nursing tasks include, but are not limited to, administration of noninjectable medications except for insulin, blood glucose testing, and tube feedings.

(3) Services include the initial visit, care planning, competency testing of the nursing assistant, consent of the client, additional instruction and supervisory visits.

(4) Clients who receive nurse delegation services must be considered "stable and predictable" by the delegated nurse.

(5) Nurse delegation services are available on all DDA HCBS waivers.

WAC 388-845-1175 Who is a qualified provider of nurse delegation? Providers of nurse delegation are registered nurses contracted with DDA to provide this service or employed by a nursing agency contracted with DDA to provide this service.
WAC 388-845-1180 Are there limitations to the nurse delegation services that you receive? The following limitations apply to receipt of nurse delegation services:

(1) Clinical and support needs for nurse delegation are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan.

(2) The department requires the delegating nurse's written recommendation regarding your need for the service. This recommendation must take into account that the nurse has recently examined you, reviewed your medical records, and conducted a nursing assessment.

(3) The department may require a written second opinion from a department selected nurse delegator that meets the same criteria in subsection (2) of this section.

(4) The following tasks must not be delegated:
   (a) Injections, other than insulin;
   (b) Central lines;
   (c) Sterile procedures; and
   (d) Tasks that require nursing judgment.

(5) The dollar amounts for aggregate services in your basic plus waiver or the dollar amounts for your annual allocation in your IFS waiver limit the amount of nurse delegation service you are authorized to receive.

WAC 388-845-1190 What is peer mentoring? (1) Peer mentoring is a form of mentorship that takes place between a person who is living through the experience of having a developmental disability or family member of a person who has a developmental disability (peer mentor) and a person who is new to that experience (the peer mentee).

(2) Peer mentors utilize their personal experiences to provide support and guidance to a waiver participant and family members of a waiver participant.

(3) Peer mentors may orient a waiver participant to local community services, programs, and resources and provide answers to participants' questions or suggest other sources of support.

(4) Peer mentoring is available in the IFS waiver.

WAC 388-845-1191 Who are qualified providers of peer mentoring? Qualified providers include organizations who are contracted with DDA to provide peer mentoring support and training to individuals with developmental disabilities or to families with a member with a developmental disability.
son-centered plan facilitation service the individual is authorized to receive.

[Statutory Authority: 2014 c 139, 2014 c 166, 2015 3rd sp.s. c 4, RCW 71A.12.030, and 71A.12.120. WSR 16-17-009, § 388-845-1197, filed 8/4/16, effective 9/4/16.]

WAC 388-845-1200 What are "person-to-person" services? (1) "Person-to-person" services are intended to assist you to achieve the outcome of gainful employment in an integrated setting through a combination of services, which may include:
   (a) Development and implementation of self-directed employment services;
   (b) Development of a person centered employment plan;
   (c) Preparation of an individualized budget; and
   (d) Support to work and volunteer in the community, and/or access the generic community resources needed to achieve integration and employment.
   (2) These services may be provided in addition to community access, prevocational services, or supported employment.
   (3) These services are available in the Basic, basic plus, core and community protection waivers.


WAC 388-845-1205 Who are qualified providers of person-to-person services? Providers of "person-to-person" services must be a county or an individual or agency contracted with a county or DDD.


WAC 388-845-1210 Are there limits to the person-to-person service I can receive? (1) You must be age twenty and graduating from high school prior to your July or August twenty-first birthday, age twenty-one and graduated from high school or age twenty-two or older to receive person-to-person services.
   (2) The dollar limitations for employment/day program services in your Basic or basic plus waiver limit the amount of service you may receive.
   (3) These services will be provided in an integrated environment.
   (4) Your service hours are determined by the level of assistance you need to reach your employment outcomes and might not equal the number of hours you spend on the job or in job related activities.
   (5) Person to person services will only be available through June 30, 2012.

[Statutory Authority: RCW 74.08.090, 74.09.520, and 2012 c 49. WSR 12-16-095, § 388-845-1210, filed 8/1/12, effective 9/1/12. Statutory Authority: RCW 71A.12.030, 71A.12.120 and Title 71A RCW. WSR 08-20-033, § 388-845-1210, filed 9/22/08, effective 10/23/08. Statutory Authority: RCW 71A.12.030, 71A.12.120 and chapter 71A.12 RCW. WSR 06-01-024, § 388-845-1210, filed 12/13/05, effective 1/13/06.]

WAC 388-845-1300 What are personal care services? Personal care services as defined in WAC 388-106-0010 are the provision of assistance with personal care tasks. These services are available in the basic plus waiver if:
   (1) You do not meet the programmatic eligibility requirements for community first choice services in chapter 388-106 WAC; and
   (2) You meet the programmatic eligibility requirements for medicaid personal care in chapter 388-106 WAC.


WAC 388-845-1305 Who are the qualified providers of personal care services? (1) Qualified providers of personal care services may be individuals or licensed homecare agencies contracted with DSHS.
   (2) All individual providers and homecare agency providers must meet provider qualifications for in-home caregivers in WAC 388-71-0500 through 388-71-0556.
   (3) Providers of personal care services for adults must comply with the training requirements in these rules governing medicaid personal care providers in WAC 388-71-0841 through 388-71-1006. Additionally, providers must meet the certification requirements in WAC 388-71-0975 through 388-71-0980 and WAC 246-980-100 through 246-980-990.
   (4) Natural, step, or adoptive parents can be the personal care provider of their adult child age eighteen or older.
   (5) You meet the programmatic eligibility requirements for medicaid personal care in chapter 388-106 WAC governing medicaid personal care (MPC) using the current department approved assessment form: Comprehensive assessment reporting evaluation (CARE).
   (6) The maximum number of hours of personal care you may receive are determined by the CARE tool used as part of the DDA assessment.
   (a) Provider rates are limited to the department established hourly rates for in-home medicaid personal care.
   (b) Homecare agencies must be licensed through the department of health and contracted with DSHS. 

[Ch. 388-845 WAC p. 22]
WAC 388-845-1400 What are prevocational services? (1) Prevocational services typically occur in a specialized or segregated setting and include individualized monthly employment related activities in the community. Prevocational services are designed to prepare those interested in gainful employment in an integrated setting through training and skill development.

(2) Prevocational services are available in the basic plus, core and community protection waivers.

WAC 388-845-1405 Who are the qualified providers of prevocational services? Providers of prevocational services must be a county or an individual or agency contracted with a county or DDA to provide prevocational services.

WAC 388-845-1410 Are there limits to the prevocational services you can receive? The following limitations apply to your receipt of prevocational services:

(1) Clinical and support needs for prevocational services are limited to those identified in your DDA assessment and documented in your person-centered service plan/individual support plan.

(2) You must be age twenty and graduating from high school prior to your July or August twenty-first birthday, age twenty-one and graduated from high school, or age twenty-two or older to receive prevocational services.

(3) Effective September 1, 2015, no new referrals are accepted for prevocational services.

(4) Prevocational services are a time limited step on the pathway toward individual employment and are dependent on your demonstrating steady progress toward gainful employment over time. Your annual employment plan will include exploration of integrated settings within your next service year. Criteria that would trigger a review of your need for these services include, but are not limited to:

(a) Compensation at more than fifty percent of the prevailing wage;

(b) Significant progress made toward your defined goals;

(c) Recommendation by your individual support plan team.

(5) You will not be authorized to receive prevocational services in addition to community access services or supported employment services.

(6) Your service hours are determined by the assistance you need to reach your employment outcomes as described in WAC 388-828-9325.

WAC 388-845-1500 What are residential habilitation services? Residential habilitation services (RHS) are available in the core and community protection waivers.

(1) Residential habilitation services include assistance:

(a) With personal care and supervision; and

(b) To learn, improve or retain social and adaptive skills necessary for living in the community.

(2) Residential habilitation services may provide instruction and support addressing one or more of the following outcomes:

(a) Health and safety;

(b) Personal power and choice;

(c) Competence and self-reliance;

(d) Positive recognition by self and others;

(e) Positive relationships; and

(f) Integration into the physical and social life of the community.

WAC 388-845-1505 Who are qualified providers of residential habilitation services for the core waiver? Providers of residential habilitation services for participants in the core waiver must be one of the following:

(1) Individuals contracted with DDA to provide residential support as a "companion home" provider;

(2) Individuals contracted with DDA to provide training as an "alternative living provider";

(3) Agencies contracted with DDA and certified per chapter 388-148 WAC;

(4) State-operated living alternatives (SOLA);

(5) Licensed and contracted group care homes, foster homes, child placing agencies or staffed residential homes per chapter 388-148 WAC.

WAC 388-845-1510 Who are qualified providers of residential habilitation services for the community protection waiver? Providers of residential habilitation services for participants of the community protection waiver are lim-
ited to state operated living alternatives (SOLA) and supported living providers who are contracted with DDA and certified under chapter 388-101 WAC as a residential community protection provider intensive supported living services (CP-ISLS).


WAC 388-845-1515 Are there limits to the residential habilitation services I can receive? (1) You may only receive one type of residential habilitation service at a time.

(2) None of the following can be paid for under the core or community protection waiver:
   (a) Room and board;
   (b) The cost of building maintenance, upkeep, improvement, modifications or adaptations required to assure the health and safety of residents, or to meet the requirements of the applicable life safety code;
   (c) Activities or supervision already being paid for by another source;
   (d) Services provided in your parent's home unless you are receiving alternative living services for a maximum of six months to transition you from your parent's home into your own home.

(3) Alternative living services in the core waiver cannot:
   (a) Exceed forty hours per month;
   (b) Provide personal care or protective supervision.

(4) The following persons cannot be paid providers for your service:
   (a) Your spouse;
   (b) Your natural, step, or adoptive parents if you are a child age seventeen or younger;
   (c) Your natural, step, or adoptive parent unless your parent is certified as a residential agency per chapter 388-101 WAC or is employed by a certified or licensed agency qualified to provide residential habilitation services.

(5) The initial authorization of residential habilitation services requires prior approval by the DDA regional administrator or designee.


WAC 388-845-1600 What is respite care? Respite care is short-term intermittent care to provide relief for persons who:

(1) Live with you, are your primary care providers, and are:
   (a) Your family members who are paid or unpaid care providers;
   (b) Nonfamily members who are not paid to provide care for you;
   (c) Contracted companion home providers paid by DDA to provide support to you; or
   (d) Licensed children's foster home providers paid by DDA to provide support to you.

(2) This service is available in the basic plus, CIIBS, core, and IFS waivers.


WAC 388-845-1605 Who is eligible to receive respite care? You are eligible to receive respite care if you are in the basic plus, CIIBS, core, or IFS waiver and meet the criteria in WAC 388-845-1600.


WAC 388-845-1607 Can someone who lives with you be your respite provider? Someone who lives with you may be your respite provider as long as he or she is not your primary care provider and is not contracted to provide any other DSHS paid service to you. The limitations listed in WAC 388-845-0111 also apply.


WAC 388-845-1610 Where may respite care be provided? (1) Respite care may be provided in any of the following licensed or certified settings that have a respite contract with the developmental disabilities administration (DDA):
   (a) Adult family home;
   (b) Assisted living facility;
   (c) Child care center;
   (d) Children's foster home;
   (e) Children's group home;
   (f) Group home;
   (g) Group training home;
   (h) Staffed residential home.

(2) Respite care may also be provided in:
   (a) The individual's home or place of residence;
   (b) The individual's relative's home; and
   (c) Other DDA-contracted community settings such as a camp, senior center, and adult day care center.

(3) Your respite care provider may take you into the community while providing respite services.
WAC 388-845-1615 Who may be qualified providers of respite care? Providers of respite care may be any of the following individuals or agencies contracted with the developmental disabilities administration (DDA) for respite care:

1. Individuals who meet the provider qualifications under chapter 388-825 WAC;
2. Homecare/home health agencies licensed under chapter 246-335 WAC, Part 1;
3. Licensed and contracted group homes, foster homes, child placing agencies, staffed residential homes, and foster group care homes;
4. Licensed and contracted adult family homes;
5. Licensed and contracted adult residential care facilities;
6. Licensed and contracted adult residential treatment facilities under chapter 246-337 WAC;
7. Licensed child care centers under chapter 170-295 WAC;
8. Licensed child day care centers under chapter 170-295 WAC;
9. Adult day care providers under chapter 388-71 WAC contracted with DDA;
10. Certified providers under chapter 388-101 WAC when respite is provided within the DDA contract for certified residential services; or
11. Other DDA contracted providers such as a community center, senior center, parks and recreation, and summer programs.

WAC 388-845-1620 Are there limits to the respite care you can receive? The following limitations apply to the respite care you can receive:

1. For basic plus, core, and CIIIBS waivers, the DDA assessment will determine how much respite you can receive per chapter 388-828 WAC.
2. For the IFS waiver, the dollar amount for your annual allocation in your IFS waiver limits the amount of respite care you may receive.
3. Respite cannot replace:
   a. Day care while your parent or guardian is at work; or
   b. Personal care hours available to you. When determining your unmet need, DDA will first consider the personal care hours available to you.
4. Respite providers have the following limitations and requirements:
   a. If respite is provided in a private home, the home must be licensed unless it is the client's home or the home of a relative of specified degree per WAC 388-825-345;
   b. The respite provider cannot be the spouse of the caregiver receiving respite if the spouse and the caregiver reside in the same residence; and
   c. If you receive respite from a provider who requires licensure, the respite services are limited to those age-specific services contained in the provider's license.
5. Your individual respite provider may not provide:
   a. Other DDA services for you during your respite care hours; or
   b. DDA paid services to other persons during your respite care hours.
6. Your primary caregivers may not provide other DDA services for you during your respite care hours.
7. If your personal caregiver is your parent and you live in your parent's adult family home you may not receive respite.
8. DDA may not pay for any fees associated with the respite care; for example, membership fees at a recreational facility, or insurance fees.
9. If you require respite from a licensed practical nurse (LPN) or a registered nurse (RN), services may be authorized as skilled nursing services per WAC 388-845-1700 using an LPN or RN. Respite care from a LPN or RN requires prior approval per WAC 388-845-1700(2). If you are on the IFS or basic plus waiver, skilled nursing services are limited to the dollar amounts of your basic plus aggregate services or IFS annual allocation per WAC 388-845-0210 and 388-845-0230.

WAC 388-845-1650 What are sexual deviancy evaluations? (1) Sexual deviancy evaluations:
   a. Professional evaluations that assess the person's needs and the person's level of risk of sexual offending or sexual recidivism;
   b. Determine the need for psychological, medical or therapeutic services; and
   c. Provide treatment recommendations to mitigate any assessed risk.
   (2) Sexual deviancy evaluations are available in all DDA HCBS waivers.
WAC 388-845-1655  Who is a qualified provider of sexual deviancy evaluations? The provider of sexual deviancy evaluations must:

1. Be a certified sexual offender treatment provider (SOTP); and
2. Meet the standards contained in WAC 246-930-030 (education required prior to certification) and WAC 246-930-040 (professional experience required prior to examination).

WAC 388-845-1660  Are there limitations to the sexual deviancy evaluations you can receive? (1) Clinical and support needs for sexual deviancy evaluations are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan. Sexual deviancy evaluations must meet the standards contained in WAC 246-930-320.

2. Sexual deviancy evaluations require prior approval by the DDA regional administrator or designee.

3. The costs of sexual deviancy evaluations do not count toward the dollar limits for aggregate services in the basic plus waivers or the annual allocation in the IFS waiver.

WAC 388-845-1700  What is skilled nursing? (1) Skilled nursing is continuous, intermittent, or part time nursing services. These services are available in the basic plus core, IFS, and CP waivers.

2. Services include nurse delegation services, per WAC 388-845-1170, provided by a registered nurse, including the initial visit, follow-up instruction, and supervisory visits.

3. Skilled nursing conduct or practice chapter 246-700 WAC and contains the standards contained in WAC 246-930-030 (education required prior to certification) and WAC 246-930-040 (professional experience required prior to examination).

4. Skilled nursing services may be performed by a licensed practical nurse (LPN) acting within the scope of the standards of nursing conduct or practice chapter 246-700 WAC and contracted with DDA to provide this service.

WAC 388-845-1710  Are there limitations to the skilled nursing services you can receive? The following limitations apply to your receipt of skilled nursing services:

1. Clinical and support needs for skilled nursing services are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan.

2. Skilled nursing services with the exception of nurse delegation and nursing evaluations require prior approval by the DDA regional administrator or designee.

3. DDA and the treating professional determine the need for and amount of service.

4. DDA reserves the right to require a second opinion by a department-selected provider.

5. The dollar amount for aggregate services in your basic plus waiver or the dollar amount of your annual allocation in your IFS waiver limits the amount of skilled nursing services you may receive.

WAC 388-845-1800  What are specialized medical equipment and supplies? (1) Specialized medical equipment and supplies are durable and nondurable medical equipment not available through Medicaid or the state plan or are in excess of what is available through the Medicaid state plan benefit which enables individuals to:

a. Increase their abilities to perform their activities of daily living;

b. Perceive, control, or communicate with the environment in which they live.

2. Durable medical equipment and medical supplies are defined in WAC 182-543-1000 and 182-543-5500 respectively.

3. Also included are items necessary for life support and ancillary supplies and equipment necessary to the proper functioning of the equipment and supplies described in subsection (1) of this section.

4. Specialized medical equipment and supplies include the maintenance and repair of specialized medical equipment not covered through the Medicaid state plan.

5. Specialized medical equipment and supplies are available in all DDA HCBS waivers.


WAC 388-845-1805 Who are the qualified providers of specialized medical equipment and supplies? The provider of specialized medical equipment and supplies must be a medical equipment supplier contracted with DDA or have a state contract as a Title XIX vendor.


WAC 388-845-1810 Are there limitations to your receipt of specialized medical equipment and supplies? The following limitations apply to your receipt of specialized medical equipment and supplies:

(1) Clinical and support needs for specialized medical equipment and supplies are limited to those identified in the waiver participant’s DDA assessment and documented in the person-centered service plan/individual support plan.

(2) Specialized medical equipment and supplies require prior approval by the DDA regional administrator or designee for each authorization.

(3) DDA may require a second opinion by a department-selected provider.

(4) Items purchased with waiver funds must be in addition to any medical equipment and supplies furnished under the medicaid state plan.

(5) Items must be of direct medical or remedial benefit to the individual and necessary as a result of the individual’s disability.

(6) Medications, prescribed or nonprescribed, and vitamins are excluded.

(7) The dollar amounts for aggregate services in your basic plus waiver limit the amount of service you may receive.

(8) The dollar amounts for your annual allocation in your IFS waiver limit the amount of service you may receive.


WAC 388-845-1850 Are there limitations to your receipt of specialized nutrition? (1) The following limitations apply to your receipt of specialized nutrition services:

(a) Clinical and support needs for specialized nutrition are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan;

(b) Specialized nutrition may be authorized as a waiver service if the service is not covered by medicaid or private insurance. You must assist the department in determining whether third party payments are available;

(c) Services must be safe, effective, and individualized;

(d) Services must be ordered by a physician licensed to practice in the state of Washington;

(e) Specialized diets must be periodically monitored by a certified dietitian;

(f) Specialized nutrition products will not constitute a full nutritional regime unless an enteral diet is the primary source of nutrition;

(g) Department coverage of specialized nutrition products is limited to costs that are over and above inherent family food costs;

(h) DDA may require a second opinion by a department selected provider; and

(i) Prior approval by regional administrator or designee is required for the CIIBS waiver.

(2) For the IFS waiver, the dollar amount for your annual allocation limits the amount of service you may receive.


WAC 388-845-1845 Who are qualified providers of specialized nutrition? Qualified providers of specialized nutrition are:

(1) Certified dietitians contracted with DDA to provide this service or employed by an agency contracted with DDA to provide this service; and

(2) Specialized nutrition vendors contracted with DDA to provide this service.


WAC 388-845-1840 What is specialized nutrition? (1) Specialized nutrition is available to you in the CIIBS and IFS waivers and is defined as one or both of the following:

(a) Assessment, intervention, and monitoring services from a certified dietitian; or

(b) Specially prepared food or purchase of particular types of food specific to your medical condition or diagnosis that are needed to sustain you in the family home.

(2) For children under the age of eighteen, specialized nutrition is in addition to meals a parent provides.


(5/26/17)
WAC 388-845-1855 What is specialized clothing? Specialized clothing is available to you in the CIIBS and IFS waivers and is defined as nonrestrictive clothing adapted to your individual needs and related to your disability, such as weighted clothing, clothing designed for tactile defensiveness, specialized footwear, or reinforced clothing.

[Statutory Authority: 2014 c 139, 2014 c 166, 2015 3rd sp.s. c 4, RCW 71A.12.030, and 71A.12.120. WSR 16-17-009, § 388-845-1855, filed 8/4/16, effective 9/4/16.]

WAC 388-845-1860 Who are qualified providers of specialized clothing? Qualified providers of specialized clothing are specialized clothing vendors contracted with DDA to provide this service.


WAC 388-845-1865 Are there limitations to your receipt of specialized clothing? (1) The following limitations apply to your receipt of specialized clothing:

(a) Clinical and support needs for specialized clothing are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan.

(b) Specialized clothing may be authorized as a waiver service if the service is not covered by Medicaid or private insurance. You must assist the department in determining whether third party payments are available.

(c) The department requires written documentation from an appropriate health professional regarding your need for the service. This recommendation must take into account that the health professional has recently examined you, reviewed your medical records, and conducted an assessment.

(d) The department may require a second opinion from a department selected provider that meets the criteria in subsection (1)(c) of this section.

(2) For the IFS waiver, the dollar amount for your annual allocation limits the amount of service you may receive.

[Statutory Authority: 2014 c 139, 2014 c 166, 2015 3rd sp.s. c 4, RCW 71A.12.030, and 71A.12.120. WSR 16-17-009, § 388-845-1865, filed 8/4/16, effective 9/4/16.]

WAC 388-845-1900 What are specialized psychiatric services? (1) Specialized psychiatric services are specific to the individual needs of persons with developmental disabilities who are experiencing behavioral health symptoms. These services are available in all DDA HCBS waivers.

(2) Service may be any of the following:

(a) Psychiatric evaluation,

(b) Medication evaluation and monitoring,

(c) Psychiatric consultation.

(3) These services are also available as a behavioral health stabilization service in accordance with WAC 388-845-1150 through 388-845-1160.


WAC 388-845-1905 Who are qualified providers of specialized psychiatric services? Providers of specialized psychiatric services must be one of the following licensed or registered, and contracted health care professionals:

(1) Psychiatrist;

(2) Psychiatric advanced registered nurse practitioner (ARNP); or

(3) Physician assistant working under the supervision of a psychiatrist.

[Statutory Authority: RCW 71A.12.030, 71A.12.12 [71A.12.120] and chapter 71A.12 RCW. WSR 06-01-024, § 388-845-1905, filed 12/13/05, effective 1/13/06.]

WAC 388-845-1910 Are there limitations to the specialized psychiatric services you can receive? (1) Clinical and support needs for specialized psychiatric services are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan.

(2) Specialized psychiatric services are excluded if they are available through other Medicaid programs.

(3) DDA and the treating professional will determine the need and amount of service you will receive in the IFS, basic plus, core, CIIBS, and CP waivers, subject to the limitations in subsection (4) of this section.

(4) The dollar amounts for aggregate service in your basic plus waiver or the dollar amount of your annual allocation in your IFS waiver limit the amount of specialized psychiatric services you are authorized to receive, unless provided as a behavioral health stabilization service.

(5) Specialized psychiatric services require prior approval by the DDA regional administrator or designee.


WAC 388-845-2000 What is staff/family consultation and training? (1) Staff/family consultation and training is professional assistance to families or direct service providers to help them better meet the needs of the waiver person. This service is available in all DDA HCBS waivers.

(2) Consultation and training is provided to families, direct staff, or personal care providers to meet the specific needs of the waiver participant as outlined in the person-centered service plan/individual support plan, including:

(a) Health and medication monitoring;

(b) Positioning and transfer;

(c) Basic and advanced instructional techniques;

(d) Positive behavior support;

(e) Augmentative communication systems;

(f) Diet and nutritional guidance;

(g) Disability information and education;
(h) Strategies for effectively and therapeutically interacting with the participant;
(i) Environmental consultation; and
(j) For the IFS and CIIBS waivers only, individual and family counseling.


**WAC 388-845-2005 Who is a qualified provider of staff/family consultation and training?** To provide staff/family consultation and training, a provider must be contracted with DDA and one of the following licensed, registered, or certified professionals:

1. Audiologist;
2. Licensed practical nurse;
3. Marriage and family therapist;
4. Mental health counselor;
5. Occupational therapist;
6. Physical therapist;
7. Registered nurse;
8. Sex offender treatment provider;
9. Speech/language pathologist;
10. Social worker;
11. Psychologist;
12. Certified American sign language instructor;
13. Nutritionist;
14. Counselors registered or certified in accordance with chapter 18.19 RCW;
15. Certified dietician;
16. Recreation therapist registered in Washington and certified by the national council for therapeutic recreation;
17. Providers listed in WAC 388-845-0506 and contracted with DDA to provide CIIBS intensive services;
18. Certified music therapist (for CIIBS only);
19. Psychiatrist; or
20. Professional advocacy organization.


**WAC 388-845-2100 What are supported employment services?** Supported employment services are for those interested in integrated gainful employment. These services provide you with intensive ongoing support if you need individualized assistance to gain and/or maintain employment. These services are tailored to your individual needs, interests, abilities, and promote your career development. These services are provided in individual or group settings and are available in the basic plus, core and community protection waivers.

1. Individual supported employment services include activities needed to sustain minimum wage pay or higher. These services are conducted in integrated business environments and include the following:
   a. Intake: An initial meeting to gather and share basic information and a general overview of employment supports, resources in the community and the type of available supports that the individual may receive;
   b. Discovery: A person-centered approach to learn the individual's likes and dislikes, job preferences, employment goals and skills;
   c. Job preparation: Includes activities of work readiness resume development, work experience, volunteer support transportation training;
   d. Marketing: A method to identify and negotiate jobs, building relationships with employers and customize employment development;
   e. Job coaching: The supports needed to keep the job;
   f. Job retention: The supports needed to keep the job, maintain relationship with employer, identify opportunities, negotiate a raise in pay, promotion and/or increased benefits.
2. Group supported employment services are a step on your pathway toward gainful employment in an integrated setting and include:
   a. Supports and paid training in an integrated business setting;
   b. Supervision by a qualified employment provider during working hours;
   c. Groupings of no more than eight workers with disabilities; and
   d. Individualized supports to obtain gainful employment.

(5/26/17)

[Ch. 388-845 WAC p. 29]
WAC 388-845-2105 Who are qualified providers of supported employment services? Providers of supported employment services must be a county, or agency or an individual contracted with a county or DDA.

WAC 388-845-2110 Are there limits to the supported employment services I can receive? The following limitations apply to your receipt of supported employment services:

1. You must be age twenty and graduating from high school prior to your July or August twenty-first birthday, age twenty-one and graduated from high school, or age twenty-two or older to receive supported employment services.

2. Payment will be made only for the employment support you require as a result of your disabilities.

3. Payment for individual supported employment excludes the supervisory activities rendered as a normal part of the business setting.

4. You will not be authorized to receive supported employment services in addition to community access or prevocational services.

5. Your service hours are determined by the assistance you need to reach your employment outcomes as described in WAC 388-828-9325 and might not equal the number of hours you spend on the job or in job related activities.

WAC 388-845-2130 What are supported parenting services? (1) Supported parenting services are professional services offered to participants who are parents or expectant parents.

2. Services may include teaching, parent coaching, and other supportive strategies in areas critical to parenting, including child development, nutrition and health, safety, child care, money management, time and household management, and housing.

3. Supported parenting services are designed to build parental skills around the child's developmental domains of cognition, language, motor, social-emotional, and self-help.

4. Supported parenting services are offered in the IFS waiver.

WAC 388-845-2135 Who are qualified providers of supported parenting services? Qualified providers of supported parenting services must:

1. Have an understanding of individual learning styles related to child development and family dynamics;

2. Have skills in child development and family dynamics;

3. Have a supported parenting contract with DDA; and

4. Be one or more of the following licensed, registered or certified professionals:

   a. Audiologist;

   b. Licensed practical nurse;

   c. Marriage and family therapist;

   d. Mental health counselor;

   e. Occupational therapist;

   f. Physical therapist;

   g. Registered nurse or licensed practical nurse;

   h. Speech/language pathologist;

   i. Social worker;

   j. Psychologist;

   k. Certified American sign language instructor;

   l. Nutritionist;

   m. Counselors registered or certified in accordance with chapter 18.19 RCW;

   n. Certified dietician;

   o. Recreation therapist registered in Washington and certified by the national council for therapeutic recreation;

   (p) Psychiatrist;

   (q) Professional advocacy organization.

WAC 388-845-2140 Are there any limitations on your receipt of supported parenting services? The following limitations apply to your receipt of supported parenting services:

1. Clinical and support needs for supported parenting services are limited to those identified in your DDA assessment and documented in your person-centered service plan/individual support plan; and

2. The dollar amount of your annual allocation in your IFS waiver limit the amount of supported parenting service you are authorized to receive.

WAC 388-845-2160 What is therapeutic equipment and supplies? (1) Therapeutic equipment and supplies are only available in the CIIBS and IFS waivers.

2. Therapeutic equipment and supplies are equipment and supplies that are necessary to implement a behavioral support plan or other therapeutic plan, designed by an appropriate professional, such as a sensory integration or communication therapy plan, and necessary in order to fully implement the therapy or intervention.

[Statutory Authority: 2014 c 139, 2014 c 166, 2015 3rd sp.s. c 4, RCW 71A.12.030, and 71A.12.120. WSR 16-17-009, § 388-845-2130, filed 8/4/16, effective 9/4/16.]
WAC 388-845-2165 Who are qualified providers of therapeutic equipment and supplies? Providers of therapeutic equipment and supplies are therapeutic equipment and supply vendors contracted with DDA to provide this service.

WAC 388-845-2170 Are there limitations on your receipt of therapeutic equipment and supplies? The following limitations apply to your receipt of therapeutic equipment and supplies under the CIIBS and IFS waivers:

(1) Therapeutic equipment and supplies may be authorized as a waiver service if the service is not covered by medicaid or private insurance. You must assist the department in determining whether third party payments are available.

(2) The department does not pay for experimental equipment and supplies.

(3) The department requires your treating professional’s written recommendation regarding your need for the service. This recommendation must take into account that the treating professional has recently examined you, reviewed your medical records, and conducted a functional evaluation.

(4) The department may require a written second opinion from a department selected professional that meets the same criteria in subsection (3) of this section.

(5) The dollar amount of your annual allocation in your IFS waiver limits the amount of therapeutic equipment and supplies you are authorized to receive.

(6) Therapeutic equipment and supplies requires a prior approval by the DDA regional administrator or designee.

WAC 388-845-2200 What are transportation services? Transportation services provide reimbursement to a provider when the transportation is required and specified in the waiver individual support plan. This service is available in all DDA HCBS waivers if the cost and responsibility for transportation is not already included in your provider's contract and payment.

(1) Transportation provides you access to waiver services, specified by your individual support plan.

(2) Whenever possible, you must use family, neighbors, friends, or community agencies that can provide this service without charge.
(1) Clinical and support needs for vehicle modification services are limited to those identified in your DDA assessment and documented in the person-centered service plan/individual support plan.

(2) Vehicle modifications are excluded if they are of general utility without direct medical or remedial benefit to you.

(3) If you are eligible for or enrolled with division of vocational rehabilitation (DVR) you must pursue this benefit through DVR first.

(4) Vehicle modifications must be the most cost effective modification based upon a comparison of contractor bids as determined by DDA.

WAC 388-845-2280  What is wellness education?  
Wellness education provides you with monthly individualized printed educational materials designed to assist you in managing health related issues and achieving wellness goals identified in your person-centered service plan that address your health and safety issues. Individualized educational materials are developed by the state, other content providers, and the contracted wellness education provider. This service is available on the basic plus, individual and family services, and core waivers.

WAC 388-845-2283  How are my wellness educational materials selected?  
Individualized educational materials are selected for you by the wellness education provider's algorithm and are based on your DDA assessment. Goals, diagnoses, treatments, conditions and other factors identified in your DDA assessment provide the basis for the algorithm to select educational materials for you. These goals, diagnoses, treatments, conditions and other factors may include, but are not limited to the following:

(1) Diabetes - IDDM;  
(2) Diabetes - NIDDM;  
(3) COPD;  
(4) Cardiovascular disease;  
(5) Rheumatoid arthritis;  
(6) Traumatic brain injury;  
(7) Cerebral palsy;  
(8) Alzheimer's disease;  
(9) Anxiety disorder;  
(10) Asthma;  
(11) Autism;  
(12) Stroke;  
(13) Congestive heart failure;  
(14) Decubitus ulcer;  
(15) Modifications will only be approved for a vehicle that serves as your primary means of transportation and is owned by you, your family, or both.  
(6) DDA requires your treating professional's written recommendation regarding your need for the service. This recommendation must take into account that the treating professional has recently examined you, reviewed your medical records, and conducted a functional evaluation.

(7) The department may require a second opinion from a department selected provider that meets the same criteria as subsection (6) of this section.

(8) The dollar amount for your annual allocation in your IFS waiver limits the amount of vehicle modification service you are authorized to receive.

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(7) The department may require a second opinion from a department selected provider that meets the same criteria as subsection (6) of this section.

(8) The dollar amount for your annual allocation in your IFS waiver limits the amount of vehicle modification service you are authorized to receive.
(15) Depression;
(16) Emphysema;
(17) GERD;
(18) Hypertension;
(19) Hypotension;
(20) Down's syndrome;
(21) Fragile X syndrome;
(22) Prader-Willi;
(23) ADD;
(24) ADHD;
(25) Post-traumatic stress disorder;
(26) Asperger's syndrome;
(27) Hepatitis;
(28) Paraplegia;
(29) Quadriplegia;
(30) Fetal alcohol syndrome/fetal alcohol effect;
(31) Epilepsy;
(32) Seizure disorder;
(33) Sleep apnea;
(34) Urinary tract infection;
(35) Multiple sclerosis;
(36) Falls;
(37) Smoking;
(38) Alcohol abuse;
(39) Substance abuse;
(40) Bowel incontinence;
(41) Bladder incontinence;
(42) Diabetic foot care;
(43) Pain daily;
(44) Sleep issues;
(45) BMI = or greater than 25;
(46) BMI less than 18.5;
(47) Skin care (pressure ulcers, abrasions, burns, rashes);
(48) Seasonal allergies;
(49) Edema;
(50) Poor balance;
(51) Recent loss/grieving;
(52) Conflict management;
(53) Importance of regular dental visits;
(54) ADA diet;
(55) Cardiac diet;
(56) Celiac diet;
(57) Low sodium diet;
(58) Goals; and
(59) Parkinson's Disease.

WAC 388-845-2280 Who are qualified providers of wellness education? The wellness education provider must have the ability and resources to:
(1) Receive and manage client data in compliance with all applicable federal HIPPA regulations, state law and rules and ensure client confidentiality and privacy;
(2) Translate materials into the preferred language of the participant;
(3) Ensure that materials are targeted to the participant's assessment and person-centered service plan;
(4) Manage content sent to participants to prevent duplication of materials;
(5) Deliver newsletters and identify any undeliverable client/representative addresses prior to each monthly mailing and manage any returned mail in a manner that ensures participants receive the monthly information; and
(6) Contract with ALTSA or DDA to provide this service.


ASSESSMENT AND INDIVIDUAL SUPPORT PLAN

WAC 388-845-3000 What is the process for determining the services you need? Your service needs are determined through the DDA assessment and the service planning process as defined in chapter 388-828 WAC. Only identified health and welfare needs will be authorized for payment in the person-centered service plan/individual support plan.
(1) You receive an initial and annual assessment of your needs using a department-approved form.
(a) You meet the eligibility requirements for ICF/IID level of care.
(b) The comprehensive assessment reporting evaluation (CARE) tool will determine your eligibility and amount of personal care services.
(c) If you are in the basic plus, CIIBS, or core waiver, the DDA assessment will determine the amount of respite care available to you.
(2) From the assessment, DDA develops your waiver person-centered service plan/individual support plan (ISP) with either you, or you and your legal representative, and others who are involved in your life such as your parent or guardian, advocate, and service providers.


WAC 388-845-3015 How is the waiver respite assessment administered? The waiver respite assessment is administered by department staff during an in-person interview with you if you choose to be present, and at least one
other person with knowledge of you, such as your primary caregiver.

[Statutory Authority: RCW 71A.12.030, 71A.12.12 [71A.12.120] and chapter 71A.12 RCW. WSR 06-01-024, § 388-845-3015, filed 12/13/05, effective 1/13/06.]

**WAC 388-845-3020 Who can be the respondent for the waiver respite assessment?** The respondent for your waiver respite assessment must be an adult who is well acquainted with you and can provide the information needed to complete the assessment, such as your primary caregiver.

1. You cannot be the respondent for your own respite assessment.
2. The department may select and interview additional respondents as needed to get complete and accurate information.

[Statutory Authority: RCW 71A.12.030, 71A.12.12 [71A.12.120] and chapter 71A.12 RCW. WSR 06-01-024, § 388-845-3020, filed 12/13/05, effective 1/13/06.]

**WAC 388-845-3055 What is a waiver person-centered service plan/individual support plan (ISP)?** (1) The person-centered service plan/individual support plan (ISP) is the primary tool DDA uses to determine and document your needs and to identify the services to meet those needs.

2. Your person-centered service plan/ISP must include:
   a. Your identified health and welfare needs;
   b. Both paid and unpaid services and supports approved to meet your identified health and welfare needs as identified in WAC 388-828-8040 and 388-828-8060; and
   c. How often you will receive each waiver service, how long you will need it, and who will provide it.

3. For any person-centered service plan/ISP, you or your legal representative must sign the plan indicating your agreement to the receipt of services.

4. You may choose any qualified provider for the service, who meets all of the following:
   a. Is able to meet your needs within the scope of their contract, licensure, and certification;
   b. Is reasonably available;
   c. Meets provider qualifications in chapters 388-845 and 388-825 WAC for contracting; and
   d. Agrees to provide the services at department rates.


**WAC 388-845-3060 When is your person-centered service plan/individual support plan effective?** Your person-centered service plan/individual support plan is effective the last day of the month in which DDA signs and dates it.


**WAC 388-845-3061 Can a change in your person-centered service plan/individual support plan be effective before you sign it?** If you verbally request a change in service to occur immediately, DDA can sign the person-centered service plan/individual support plan and approve it prior to receiving your signature.

1. Your person-centered service plan/individual support plan will be mailed to you for signature.
2. You retain the same appeal rights as if you had signed the person-centered service plan/individual support plan.


**WAC 388-845-3062 Who is required to sign the person-centered service plan/individual support plan?** (1) If you do not have a legal representative, you must sign the person-centered service plan/individual support plan.

2. If you have a legal representative, your legal representative must sign the person-centered service plan/individual support plan.

3. If you need assistance to understand your person-centered service plan/individual support plan, DDA will follow the steps outlined in WAC 388-845-3056 (1) and (3).


[WAC 388-845 WAC p. 34] (5/26/17)

WAC 388-845-3063 Can your person-centered service plan/individual support plan be effective before the end of the month? You may request to DDA to have your person-centered service plan/individual support plan effective prior to the end of the month. The effective date will be the date DDA signs and dates it.


WAC 388-845-3065 How long is your plan effective? Your person-centered service plan/individual support plan is effective through the last day of the twelfth month following the effective date or until another ISP is completed, whichever occurs sooner.


WAC 388-845-3070 What happens if you do not sign your person-centered service plan/individual support plan (ISP)? If DDA is unable to obtain the necessary signature for an initial assessment, reassessment, or review of your person-centered service plan/individual support plan (ISP), DDA will take one or more of the following actions:

(1) If this person-centered service plan/individual support plan is an initial plan, DDA will be unable to provide waiver services. DDA will not assume consent for an initial plan and will follow the steps described in WAC 388-845-3056 (1) and (3).

(2) If this person-centered service plan/individual support plan is a reassessment or review:

(a) DDA will continue providing services as identified in your most current ISP until the end of the ten-day advance notice period as stated in WAC 388-825-105.

(b) After DDA signs and dates your complete person-centered service plan/individual support plan, DDA will send it to you for signature. If you do not return your signed ISP to DDA within two months of your assessment completion, DDA will terminate your services.

(3) If this person-centered service plan/individual support plan is a reassessment or review and you are not able to understand your ISP, DDA will continue your existing services and take the steps described in WAC 388-845-3056.

(4) You will be provided written notification and appeal rights to this action to implement the new ISP.

(5) Your appeal rights are in WAC 388-845-4000 and 388-825-120 through 388-825-165.
WAC 388-845-3085 What if your needs exceed what can be provided under the IFS, CIIBS, core, or community protection waiver? (1) If you are on the IFS, CIIBS, core, or community protection waiver and your assessed need for services exceeds the scope of services provided under your waiver, DDA will make one or more of the following efforts to meet your health and welfare needs:
   (a) Identify more available natural supports;
   (b) Initiate an exception to rule to access available non-waiver services not included in the IFS, CIIBS, core, or community protection waiver other than natural supports;
   (c) Offer you the opportunity to apply for an alternate waiver that has the services you need, subject to WAC 388-845-0045; or
   (d) Offer you placement in an ICF/IID.
(2) If none of the above options is successful in meeting your health and welfare needs, DDA may terminate your waiver eligibility.
(3) If you are terminated from a waiver, you will remain eligible for nonwaiver DDA services but access to state-to-national funded DDA services is limited by availability of funding.

WAC 388-845-3090 What if my identified health and welfare needs are less than what is provided in my current waiver? If your identified health and welfare needs are less than what is provided in your current waiver, DDA may terminate you from your current waiver and enroll you in a waiver that meets but does not exceed your assessed need for waiver services.

WAC 388-845-3095 Will I have to pay toward the cost of waiver services? (1) You are required to pay toward board and room costs if you live in a licensed facility or in a companion home as room and board is not considered to be a waiver service.
(2) You will not be required to pay towards the cost of your waiver services if you receive SSI.
(3) You may be required to pay towards the cost of your waiver services if you do not receive SSI. DDA determines what amount, if any, you pay in accordance with WAC 182-515-1510.

WAC 388-845-4000 What are my appeal rights under the waiver? In addition to your appeal rights under WAC 388-825-120, you have the right to appeal the following decisions:
   (1) Disenrollment from a waiver under WAC 388-845-0060, including a disenrollment from a waiver and enrollment in a different waiver.
   (2) A denial of your request to receive ICF/ID services instead of waiver services; or
   (3) A denial of your request to be enrolled in a waiver, subject to the limitations described in WAC 388-845-4005.

WAC 388-845-4005 Can I appeal a denial of my request to be enrolled in a waiver? (1) If you are not enrolled in a waiver and your request to be enrolled in a waiver is denied, your appeal rights are limited to the decision that you are not eligible to have your request documented in a statewide database due to the following:
   (a) You do not need ICF/ID level of care per WAC 388-845-0070, 388-828-8040 and 388-828-8060; or
   (b) You requested enrollment in the CIIBS waiver and do not meet CIIBS eligibility per WAC 388-828-8500 through 388-828-8520.
   (2) If you are enrolled in a waiver and your request to be enrolled in a different waiver is denied, your appeal rights are limited to the following:
   (a) DDA's decision that the services contained in a different waiver are not necessary to meet your health and welfare needs; or
   (b) DDA's decision that you are not eligible to have your request documented in a statewide database because you requested enrollment in the CIIBS waiver and do not meet CIIBS eligibility per WAC 388-828-8500 through 388-828-8520.
   (3) If DDA determines that the services offered in a different waiver are necessary to meet your health and welfare needs, but there is not capacity on the different waiver, you do not have the right to appeal any denial of enrollment on a different waiver when DDA determines there is not capacity to enroll you on a different waiver.

WAC 388-845-4010 How do I appeal a department action? (1) Your rights to appeal a department decision are in RCW 71A.10.050 and WAC 388-825-120 and are limited to an applicant, recipient, or former recipient of services from the DDA.
(2) If you want to appeal a department action, you must request an appeal within ninety days from receipt of the department notice of the action you are disputing.


**WAC 388-845-4015 Will my services continue during an appeal?** Services may continue according to the provisions contained in WAC 388-825-145.