

AL TSA Family Caregiver Support

Economic Impacts of Family Caregiving

Businesses:

- U.S. businesses lose up to \$33.6 billion per year in lost productivity
- Companies pay 8% more in healthcare costs for workers with caregiving responsibilities

Caregivers:

- Unpaid caregivers lose about \$300,000 (salary/benefits) in a lifetime
- Washington caregivers are:
 - Less likely to see a doctor when they need to
 - Worry almost twice as much about not having enough money to pay their rent or mortgage



FCSP Improves Outcomes for Family Caregivers

Majority of caregivers (84%) show significant improvements on key outcomes



Significant improvements in:

- Stress levels
- Relationship difficulty
- Feeling overwhelmed
- Depression
- Comfort with the caregiving role

Spouses indicate less "intention to place"



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What Would Improve Capacity and Effectiveness?

- More Family Caregiver Specialists (Assessors & Screeners)
- Additional funding for support services (respite, counseling, support groups, etc.)
- Increased dementia-capable practices and resources
- Resources to deploy evidence-based and effective practices statewide
- Greater cultural competency, including language translations

