Community Crisis Stabilization Services (CCSS)

Developmental Disability Service System Task Force

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Community Crisis Stabilization Services (CCSS)

Second Substitute Senate Bill 5459 (2011) directed changes to the Department of Social and Health Services, Division of Developmental Disabilities service system:

- No person under the age of 16 years may be admitted to receive services at a Residential Habilitation Center (RHC);

- No one under the age of 21 may be admitted to receive services at an RHC “unless no service options are available in the community;” and

- “Such admission is limited to the provision of short-term respite or crisis stabilization services.”
CCSS establishes:

- A state operated, community based treatment program:
  - Short-term supports for people in crisis
  - Those who are at risk of hospitalization or institutional placement
  - Length of stay not to exceed 180 days
  - Focus on stabilization of participants in their own, family or community home
CCSS

- First site: Lakewood, Washington
  - Serve a maximum of 3 children at any time
  - Participants from across the State

- Anticipated Opening: November 2012

- Staffing
  - Program Manager
  - Attendant Counselor Manager
  - Nurse
  - Behavior Specialist
  - Behavior Technician
  - Residential Services Coordinator
  - Direct Support Professionals
  - Contracted Specialty Staff

- Future Plans - 2013
CCSS Key Services

- **Individualized** assessment and specialty treatment.
- **Collaborative** treatment planning
- **Assessments**, as needed:
  - Nursing
  - Psychological/Behavioral
  - Psychiatric/Pharmacological
  - Other Specialty Services (Occupational and Physical Therapy, Nutrition, Environmental/Sensory, etc.)
- **Service Planning for**:
  - Functional Assessment and Positive Behavior Support Plan
  - Cross Systems Crisis Plans
  - Nursing Care Plan
  - Occupational Therapy
  - Physical Therapy
  - Dietary/Nutrition
  - Environmental/Sensory, etc.
CCSS Key Services

- **Intensive Treatment for:**
  - Behavior Change
  - Psycho-Social Skills
  - Self-Management

- **Transition Planning and In-Home Supports**
  - Staffing support by Behavior Technicians in home during transition
  - Model, train, and coach family members or agency providers
  - Identify barriers for implementation in the home
CCSS Referral Process

**Transfer to CCSS**
If CCSS Review Team supports, participant is scheduled to move to the CCSS program

**Case Manager**
Case Manager identifies client in crisis

**Regional Management and Clinical Team Review**
Case is staffed by Regional Management and Regional Clinical Team to determine if referral appropriate to CCSS

**CCSS Review Team**
Case is staffed by the CCSS Review Team and determined if appropriate for CCSS

If CCSS Review Team supports, participant is scheduled to move to the CCSS program.
CCSS Service Delivery Timeline

**Within 6 Months or Less**
- Reintegration Planning and Support
- Therapeutic Leave

**Return Home**
- Transition to Regional Providers

**Within 3 Months**
- Home and Environment Review
- Treatment Plan Review
- Community Integration
- Skill Building, Training, Modeling w/Participant & Family

**Pre-Assessment**
- Initial Family Contact and Assessment
- Orientation to Program
- Engagement and Motivation

**Ongoing Services**
- Habilitation
- Intensive Behavioral Treatment and Intervention
- Data Collection & Tracking
- Assessments including:
  - Nursing
  - Psychological/Behavioral
  - Psychiatric/Pharmacological
  - Other Specialty Services (OT, PT, Speech Language Pathology, Nutrition, Environmental/Sensory, etc.)

**Initial 24 Hours**
- Nursing Assessment
- Mental Status Exam
- Inventory

**Within 1 Week**
- Health and Safety Assessment
- Identifying Specialty Needs
- Orientation
- Begin Discharge Planning

**Within 1 Month**
- Functional Assessment
- Habilitation Plans
- PBSP
- Cross System Crisis Plan
- Collaborating w/School Districts & Care Providers

**Return Home**
- Transition to Regional Providers
Program Goals

- **Treat** the participant and **support** the family.
- **Involve** families, their support systems, and providers in reaching successful outcomes.
- **Involve** DDD case managers in treatment and transition planning.
- **Involve and coordinate** other systems such as schools, mental health, and medical providers to create consistent, knowledgeable, and sustainable service plans around the family and provider post-CCSS treatment.
- **Plan ahead** for transition to home, community services, and other supports.
- **Follow-up** after CCSS discharge to monitor success and growth.
Eligibility

- **Enrolled and eligible** client of DDD.
- **Voluntary** agreement to services.
- **Ages 8-21** for the Lakewood program.
- **Age 18+** for adult program.
- **No open or pending investigations** of abuse or neglect with the DSHS Children’s Administration.
- In cases where clients are subject to eligibility re-determination prior to the initiation of a paid service per [WAC 388-823-1010](#), initiation of CCSS can begin prior to the determination of continued eligibility with DDD.
Monitoring for Outcomes

- **Quality Assurance Reviews**
  - Conducted by DDD headquarters and regional staff
  - Incorporated into DDD quality assurance systems

- **Data Collection will include:**
  - Participant outcomes at intervals during and after CCSS
  - Participant team involvement and frequency
  - Length of stays
  - Demographic information about participants
  - Effects of service on community resources
  - Parent, guardian and provider feedback
Questions:

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