

Community Crisis Stabilization Services (CCSS)

Developmental Disability Service System Task Force

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Community Crisis Stabilization Services (CCSS)

Second Substitute Senate Bill 5459 (2011) directed changes to the Department of Social and Health Services, Division of Developmental Disabilities service system:

- No person under the age of 16 years may be admitted to receive services at a Residential Habilitation Center (RHC);
- No one under the age of 21 may be admitted to receive services at an RHC “unless no service options are available in the community;” and
- “Such admission is limited to the provision of short-term respite or crisis stabilization services.”



CCSS establishes:

- A state operated, community based treatment program:
 - Short-term supports for people in crisis
 - Those who are at risk of hospitalization or institutional placement
 - Length of stay not to exceed 180 days
 - Focus on stabilization of participants in their own, family or community home



CCSS

- First site: *Lakewood, Washington*
 - Serve a maximum of 3 children at any time
 - Participants from across the State
- Anticipated Opening: *November 2012*
- Staffing
 - Program Manager
 - Attendant Counselor Manager
 - Nurse
 - Behavior Specialist
 - Behavior Technician
 - Residential Services Coordinator
 - Direct Support Professionals
 - Contracted Specialty Staff
- Future Plans - 2013



CCSS Key Services

- **Individualized** assessment and specialty treatment.
- **Collaborative** treatment planning
- **Assessments**, as needed:
 - Nursing
 - Psychological/Behavioral
 - Psychiatric/Pharmacological
 - Other Specialty Services (Occupational and Physical Therapy, Nutrition, Environmental/Sensory, etc.)
- **Service Planning for:**
 - Functional Assessment and Positive Behavior Support Plan
 - Cross Systems Crisis Plans
 - Nursing Care Plan
 - Occupational Therapy
 - Physical Therapy
 - Dietary/Nutrition
 - Environmental/Sensory, etc.



CCSS Key Services

- ***Intensive Treatment for:***
 - *Behavior Change*
 - *Psycho-Social Skills*
 - *Self-Management*

- ***Transition Planning and In-Home Supports***
 - Staffing support by Behavior Technicians in home during transition
 - Model, train, and coach family members or agency providers
 - Identify barriers for implementation in the home



CCSS Referral Process



Transfer to CCSS

If CCSS Review Team supports, participant is scheduled to move to the CCSS program

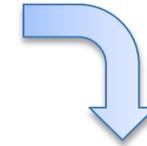


Case Manager

Case Manager identifies client in crisis

CCSS Review Team

Case is staffed by the CCSS Review Team and determined if appropriate for CCSS

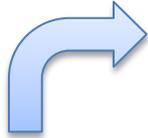


Regional Management and Clinical Team Review

Case is staffed by Regional Management and Regional Clinical Team to determine if referral appropriate to CCSS



CCSS Service Delivery Timeline



Return Home

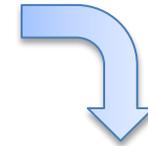
Transition to
Regional Providers

Pre-Assessment

Initial Family Contact and
Assessment

Orientation to Program

Engagement and Motivation



Within 6 Months

Or Less

Reintegration Planning
and Support

Therapeutic Leave

Ongoing Services

Habilitation

Intensive Behavioral Treatment and
Intervention

Data Collection & Tracking

Assessments including:

* Nursing

* Psychological/Behavioral

* Psychiatric/Pharmacological

* Other Specialty Services (OT, PT, Speech
Language Pathology, Nutrition,
Environmental/Sensory, etc.)

Initial 24 Hours

Nursing Assessment

Mental Status Exam

Inventory



Within 3 Months

Home and Environment Review

Treatment Plan Review

Community Integration

Skill Building, Training, Modeling
w/Participant & Family

Within 1 Month

Functional Assessment

Habilitation Plans

PBSP

Cross System Crisis Plan

Collaborating w/School Districts &
Care Providers



Within 1 Week

Health and Safety Assessment

Identifying Specialty Needs

Orientation

Begin Discharge Planning



Program Goals

- **Treat** the participant and **support** the family.
- **Involve** families, their support systems, and providers in reaching successful outcomes.
- **Involve** DDD case managers in treatment and transition planning.
- **Involve and coordinate** other systems such as schools, mental health, and medical providers to create consistent, knowledgeable, and sustainable service plans around the family and provider post-CCSS treatment.
- **Plan ahead** for transition to home, community services, and other supports.
- **Follow-up** after CCSS discharge to monitor success and growth.



Eligibility

- **Enrolled and eligible** client of DDD.
- **Voluntary** agreement to services.
- **Ages 8-21** for the Lakewood program.
- **Age 18+** for adult program.
- **No open or pending investigations** of abuse or neglect with the DSHS Children's Administration.
- In cases where clients are subject to eligibility re-determination prior to the initiation of a paid service per [WAC 388-823-1010](#), initiation of CCSS can begin prior to the determination of continued eligibility with DDD.



Monitoring for Outcomes

- **Quality Assurance Reviews**
 - Conducted by DDD headquarters and regional staff
 - Incorporated into DDD quality assurance systems
- **Data Collection will include:**
 - Participant outcomes at intervals during and after CCSS
 - Participant team involvement and frequency
 - Length of stays
 - Demographic information about participants
 - Effects of service on community resources
 - Parent, guardian and provider feedback



Questions:

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