

Partnerships for Recovery

Implementing Washington's Mental Health Transformation Plan

Presentation to the Joint Legislative and Executive Task Force on Mental Health Services and Financing

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Contents Overview

- ❖ **Federal grant guidelines**
- ❖ **Partnerships for Recovery
Goals and Objectives**
- ❖ **Project implementation
planning**
- ❖ **Year 1 Deliverables**



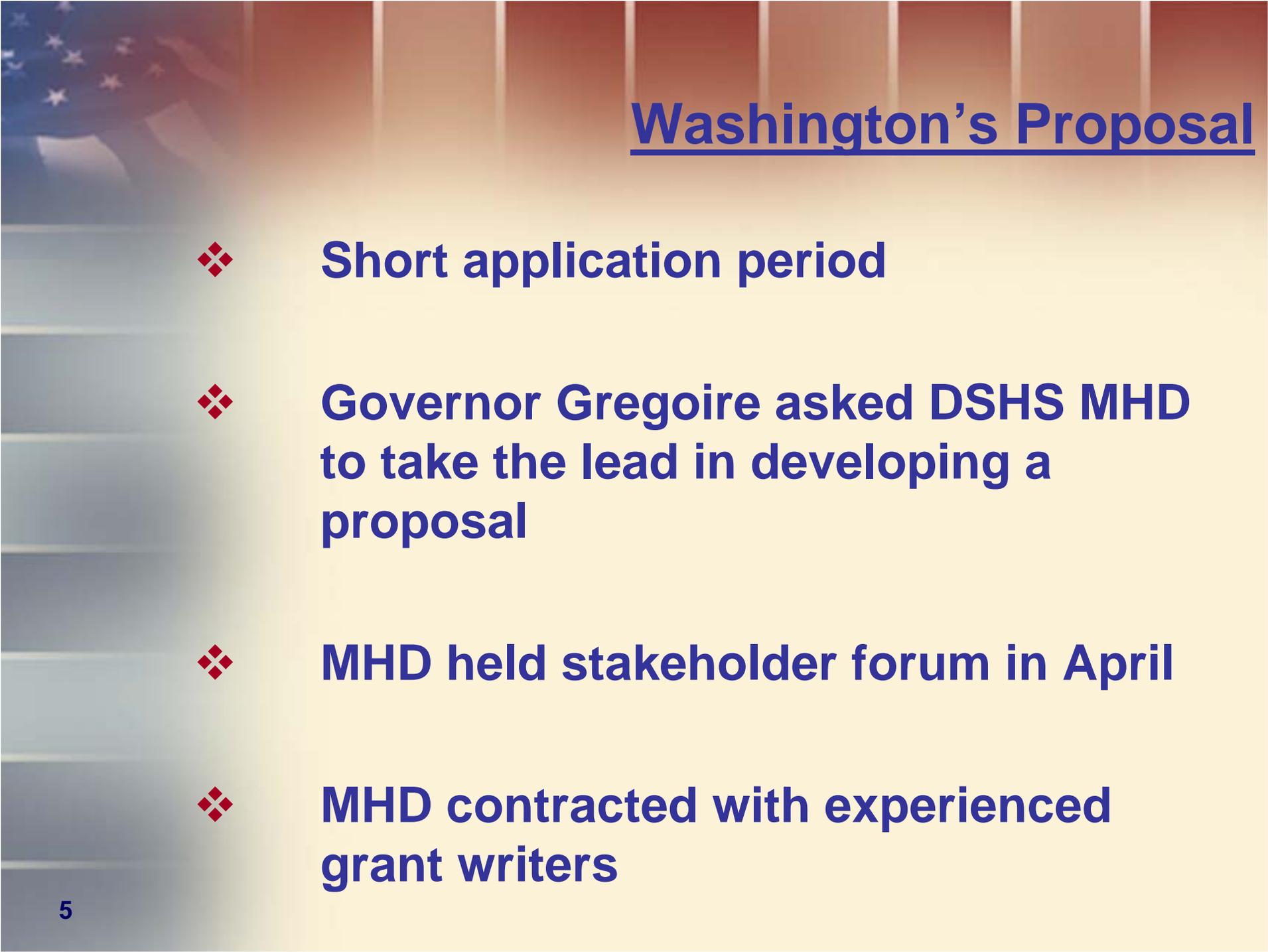
Goals of a Transformed System (President's New Freedom Commission)

- Goal 1** Americans understand that mental health is essential to overall health.
- Goal 2** Mental health care is consumer and family driven.
- Goal 3** Disparities in mental health services are eliminated.
- Goal 4** Early mental health screening, assessment, and referral to services are common practice.
- Goal 5** Excellent mental health care is delivered and research is accelerated.
- Goal 6** Technology is used to access mental health care and information.



SAMHSA Transformation Grant

- ❖ **Grant is for system planning, not for enhanced service delivery**
- ❖ **Five year grant period; \$2.73 million/year**
- ❖ **Emphasis on better integration of services across silos**
- ❖ **Emphasis also on reorienting system toward consumer recovery rather than just treatment alone**



Washington's Proposal

- ❖ **Short application period**
- ❖ **Governor Gregoire asked DSHS MHD to take the lead in developing a proposal**
- ❖ **MHD held stakeholder forum in April**
- ❖ **MHD contracted with experienced grant writers**



Highlights of Proposal

- ❖ **Community and family social marketing**
- ❖ **Business and employer social marketing**
- ❖ **Strengthen consumer/family infrastructure**
- ❖ **Identify strength-based consumer driven care individualized care planning methods**
- ❖ **Promote utilization of peer-professionals in service delivery roles**
- ❖ **Consumer/family involvement in policy, evaluation and quality assurance**



Highlights of Proposal (contin.)

- ❖ **Reduce ethnic disparities**
- ❖ **Reduce rural-urban disparities**
- ❖ **Plan for services to pre-school age, school-age, and transition age groups**
- ❖ **Advance the use of evidence-based services**
- ❖ **Develop a state-wide integrated web-based HIPAA compliant electronic medical record**



Highlights of Proposal (contin.)

- ❖ **Project to be lead by a Transformation Workgroup**
 - **Full-time paid Chair, reports to Governor Gregoire**
 - **28 Members – required state agency leaders, consumers, etc.**

- ❖ **Project staff team of 10-14**
 - **Led by Project Director, who reports to the TWG Chair**



Grant Award

- ❖ **Washington informed in September that one of seven states to receive an award (of 22 applications)**

- ❖ **Other states with awards are:**
 - **Connecticut**
 - **Ohio**
 - **Oklahoma**
 - **Maryland**
 - **New Mexico**
 - **Texas**



Implementation Planning Activities

- ❖ **Transformation Work Group (TWG) Chair**

- ❖ **Small team engaged in planning implementation**
 - **Responding to specific SAMHSA requests in Notice of Grant Award (NOGA)**
 - **More detail in use of contract funds**
 - **Descriptions of State capacity and experience in providing culturally appropriate services**
 - **More detail regarding how parents and families of youth consumers will be involved in process**
 - **Identifying lead staff person for prevention and MH promotion activities**
 - **Siting space**
 - **Initial staff hiring**



Year One Goals and Objectives

Develop the 8 subcommittees identified in the Transformation Work Group (TWG):

- 1. Children and youth**
- 2. Families**
- 3. Youth transitioning into adulthood**
- 4. Adult consumers**
- 5. Older adult consumers**
- 6. Homeless individuals**
- 7. Criminal justice-mentally ill offender population**
- 8. Individuals with co-occurring Mental Health and Substance Abuse disorders (COD)**



Year One Goals and Objectives (contin.)

- ❖ **Develop and deepen the statewide Inventory of Resources**
- ❖ **Conduct a statewide Needs Assessment**
- ❖ **Based on above activities, develop a Comprehensive Mental Health Plan (CMHP) with full consumer partnership**
- ❖ **Years 2-5: Implement CMHP and continue to build sustainable transformation statewide**
- ❖ **Conduct ongoing program evaluation of State's transformation efforts**



Year One Deliverables

Phase 1: Development of Vision Statement and Outcome Measures (Months 2-4)

- ❖ **Vision statement for the Transformation Process and outcomes identified for the 8 subcommittees**
 - **Partners include the TWG, subcommittee members, consumers, and family members**



Year One Deliverables (contin.)

Phase 2: Needs Assessment data collection (Months 5-6)

- ❖ **Peer-to-peer interviews with 1000 primary consumers and 500 family members**
 - Train consumers and family members to conduct interviews

- ❖ **Random digit dial survey of 1000 respondents**
 - Basis for developing the social marketing and anti-stigma campaign

- ❖ **Comprehensive Inventory of State Resources**
 - Participation by all agencies/entities represented on TWG
 - Consumer participation in inventory process

Year One Deliverables (contin.)

Phase 3: Alignment (Months 6-9)

❖ **Integration with existing initiatives:**

- Medicaid Integration Project
- Children's Mental Health Initiative, Circles of Care Grant (Tribes), Statewide Family Network Grant (SAFE-WA)
- Corrections' Initiatives
- Federal Block Grant
- Implementation of E2SSB 5763 and E2SHB 1290

❖ **Alignment planning in these six areas:**

1. Evidence based practices
2. Management information systems
3. Fiscal systems
4. Social Marketing
5. Cultural Competence
6. Evaluation

Year One Deliverables (contin.)

Phase 4: Comprehensive Mental Health Plan Development (Months 9-12)

- ❖ **Compare Needs Assessment to Resource Inventory (GAP Analysis)**
- ❖ **Overlay alignment (Phase 3) activities with the six New Freedom Commission Goals and Logic Model**
- ❖ **Draft CMHP to all stakeholders in month 10**
- ❖ **Final report to SAMHSA at end of month 12 (September 2006)**