



HIGH SCHOOL & BEYOND PLAN

LESSON 9-9 ▲ HIGH SCHOOL AND BEYOND PLAN

LEARNING GOALS/OUTCOMES

- ▶ Students will make the connection between high school credits, graduation requirements and entry requirements for postsecondary options
- ▶ Students will develop a preliminary High School and Beyond Plan
- ▶ Develop an effective High School and Beyond plan that considers all options including Career and Technical Education (CTE)

MATERIALS NEEDED

- ▶ **Student Handouts:**
 - My High School and Beyond Plan
 - Journal Page
- ▶ **Family Handout:**
 - High School and Beyond Plan
- ▶ **School/District Course Catalog**
- ▶ **Clean sheet of paper and writing utensil** for each student

CLASSROOM ACTIVITIES

1. **Share with students that this lesson will help them create a High School and Beyond Plan as required to earn a Career and College Ready Diploma.**
2. **Summarize accomplishments.** Ask each student to take out a piece of paper. Have them write in big letters, "High School Accomplishments." Then give them 1 minute to jot down as many items as they can. When you call time, ask for several volunteers to share their accomplishments.
3. **Complete a High School and Beyond Plan.** Distribute the *My High School and Beyond Plan* and explain the sections on the document. Tell students that before they graduate from high school they will need to complete a full High School and Beyond Plan that will include detailed information on their interests, classes, and plans. This worksheet is an early draft of that plan and will be a work in progress. Share with the students that this plan will be updated throughout their high school experiences.

Distribute your school district course catalog. Use this as a reference tool for students as they create a draft of their High School and Beyond Plan.

Discuss why it's important to consider how the work they do today affects what they will do in the future. Also discuss with them how they can learn about, visit, and then apply to postsecondary programs

STUDENT PRODUCTS

- ▶ **Draft *My High School and Beyond Plan***
- ▶ **Completed *Journal Page***

ADDITIONAL RESOURCES AND OTHER INFORMATION

- ▶ **Check Out A College:** www.CheckOutACollege.com
Information on Washington's 34 community and technical colleges
- ▶ **State Board of Education:** Information on the High School & Beyond Plan
www.sbe.wa.gov/documents/FAQ%20High%20School%20and%20Beyond%20Plan.pdf
- ▶ **OSPI Graduation Requirements:** www.k12.wa.us/graduationrequirements/
Information about the required High School & Beyond Plan



HIGH SCHOOL AND BEYOND PLAN

LESSON 9-9 HANDOUT

MY HIGH SCHOOL AND BEYOND PLAN

This intent of this plan is to synthesize research, reflection and experiences gathered throughout the career and planning process. Multiple Career Guidance Washington lessons contribute to the development of the plan.

MY GOALS		
What is your plan for postsecondary? (select your preferred option below):		
<input type="checkbox"/> Get a 4-year college degree	<input type="checkbox"/> Go to graduate school	<input type="checkbox"/> Finish a 1-2 year program
<input type="checkbox"/> Join the military	<input type="checkbox"/> Get a job right away	<input type="checkbox"/> Find an apprenticeship
Other: _____		
Target Careers (list top 3):		
1. _____		
2. _____		
3. _____		
Preferred Colleges (list top 5):	Preferred Majors / Interest Areas (list top 5):	
1. _____	1. _____	
2. _____	2. _____	
3. _____	3. _____	
4. _____	4. _____	
5. _____	5. _____	

MY HIGH SCHOOL AND BEYOND PLAN (cont.)

HOW WILL I GET THERE?

The State of Washington has 3 core graduation requirements: (1) coursework, (2) state assessments & EOC and (3) completion of High School and Beyond Plan (this document)

<p>Coursework* (minimum credits required for graduation)</p> <p><i>* Refer to your district policy</i></p>	<p><input type="checkbox"/> English</p> <p><input type="checkbox"/> Mathematics</p> <p><input type="checkbox"/> Science</p> <p><input type="checkbox"/> World Language (or Personalized Pathway Requirement)</p> <p><input type="checkbox"/> Social Studies</p>	<p><input type="checkbox"/> Health & Fitness</p> <p><input type="checkbox"/> Arts</p> <p><input type="checkbox"/> CTE</p> <p><input type="checkbox"/> General Electives</p>															
<p>HS Exams (HSPE required for graduation)</p>	<p><i>Check the exams you have taken already. Put an X next to those you plan to take.</i></p> <table style="width: 100%; border: none;"> <tr> <td><input type="checkbox"/> HSPE</td> <td><input type="checkbox"/> ACT</td> <td><input type="checkbox"/> ACCUPLACER</td> </tr> <tr> <td><input type="checkbox"/> PSAT</td> <td><input type="checkbox"/> SAT</td> <td><input type="checkbox"/> SAT Subject Test(s)</td> </tr> <tr> <td><input type="checkbox"/> End-of-course exam(s)</td> <td><input type="checkbox"/> AP Exam(s)</td> <td><input type="checkbox"/> ASVAB</td> </tr> <tr> <td><input type="checkbox"/> IB Exam(s)</td> <td><input type="checkbox"/> Cambridge Program exam(s)</td> <td></td> </tr> <tr> <td colspan="3"><input type="checkbox"/> Other: _____</td> </tr> </table>		<input type="checkbox"/> HSPE	<input type="checkbox"/> ACT	<input type="checkbox"/> ACCUPLACER	<input type="checkbox"/> PSAT	<input type="checkbox"/> SAT	<input type="checkbox"/> SAT Subject Test(s)	<input type="checkbox"/> End-of-course exam(s)	<input type="checkbox"/> AP Exam(s)	<input type="checkbox"/> ASVAB	<input type="checkbox"/> IB Exam(s)	<input type="checkbox"/> Cambridge Program exam(s)		<input type="checkbox"/> Other: _____		
<input type="checkbox"/> HSPE	<input type="checkbox"/> ACT	<input type="checkbox"/> ACCUPLACER															
<input type="checkbox"/> PSAT	<input type="checkbox"/> SAT	<input type="checkbox"/> SAT Subject Test(s)															
<input type="checkbox"/> End-of-course exam(s)	<input type="checkbox"/> AP Exam(s)	<input type="checkbox"/> ASVAB															
<input type="checkbox"/> IB Exam(s)	<input type="checkbox"/> Cambridge Program exam(s)																
<input type="checkbox"/> Other: _____																	
<p>Process Steps (HS and Beyond Plan is required for graduation)</p>	<p><i>Post-secondary process steps:</i></p> <p><input type="checkbox"/> Completion of HS & Beyond Plan</p> <p><input type="checkbox"/> Personal interests, abilities, and relation to current career goals</p> <p><input type="checkbox"/> Four-year High School course-taking plan</p> <p><input type="checkbox"/> Research on post-secondary training and education related to goals</p> <p><input type="checkbox"/> Budget for education, training, and future</p> <p><input type="checkbox"/> Post-secondary site visit(s)</p> <p><input type="checkbox"/> Post-secondary application completion</p> <p><input type="checkbox"/> Resume</p> <p><input type="checkbox"/> Understanding of future exam/assessment requirements</p> <p><input type="checkbox"/> Demonstration of preparedness through presentation of HSBP</p> <p><input type="checkbox"/> Other: _____</p>																
<p>Additional Experiences</p>	<p><i>Planning a robust set of experiences to expand awareness, develop interests, and nurture skills</i></p> <ul style="list-style-type: none"> - Internships - Extracurricular activities - Projects 																

MY HIGH SCHOOL AND BEYOND PLAN (cont.)

Directions: List below the courses you have taken (or plan to take) each year in high school. Note and consider local/state graduation requirements and post-secondary admission requirements for desired institutions.**

FOUR-YEAR COURSE PLAN				
SUBJECT AREA	GR 9	GR 10	GR 11	GR 12
English Graduation Requirements _____ Admission Requirements _____				
Mathematics Graduation Requirements _____ Admission Requirements _____				
Science Graduation Requirements _____ Admission Requirements _____				
Social Studies Graduation Requirements _____ Admission Requirements _____				
Health and Fitness Graduation Requirements _____ Admission Requirements _____				
Arts Graduation Requirements _____ Admission Requirements _____				
World Language <i>or Personalized Pathway Requirement</i> Graduation Requirements _____ Admission Requirements _____				
Career Technical - CTE Graduation Requirements _____ Admission Requirements _____				
General Electives Graduation Requirements _____ Admission Requirements _____				
TOTAL CREDITS Graduation Requirements _____ Admission Requirements _____				

** Requirements may vary! Please note:

- Local Graduation Requirements: Please refer to school district policy for local requirements (which may exceed state requirements)
- State Graduation Requirements: OSPI <https://www.k12.wa.us/GraduationRequirements/pubdocs/GraduationToolkit.pdf> SBE <http://www.sbe.wa.gov/>
- Program of Study & Admissions Requirements: Refer to specific institutions' admission requirements or Washington Student Achievement Council (<http://www.wsac.wa.gov/>)



HIGH SCHOOL AND BEYOND PLAN

LESSON 9-9 FAMILY HANDOUT

HIGH SCHOOL AND BEYOND PLAN

WHAT IS REQUIRED TO GRADUATE FROM HIGH SCHOOL?

To graduate from high school in Washington, students must meet three requirements:

- ▶ Earn high school credit (at least the minimum number required by your district);
- ▶ Meet standard on State tests and end-of-course exams; and
- ▶ Prepare a High School & Beyond Plan.

WHAT IS THE HIGH SCHOOL & BEYOND PLAN?

The High School & Beyond Plan is a collection of written documents that helps students set goals for the future and then take the steps needed to achieve those goals. The final plan will include:

- ▶ The student's interests and abilities, and the relationship to his/her current career goals;
- ▶ A four-year plan for courses taken during high school that is related to high school graduation requirements and postsecondary admission requirements;
- ▶ Research on postsecondary programs related to the student's goals;
- ▶ A budget for life after high school;
- ▶ The student's participation in postsecondary visits;
- ▶ A completed postsecondary application;
- ▶ A completed resume or activity log;
- ▶ A list of exams the student has taken during high school (State assessments, ACT, SAT, or other)
- ▶ Demonstration of preparedness through presentation of HSBP

Students who are focusing on Career & Technical Education courses in high school will prepare a Program of Study to design a personal plan for their high school and postsecondary experience. This plan, along with the student's classroom instruction, will provide practical experience and enhance the student's personal communication, leadership, and teamwork skills.

You can learn more about the High School & Beyond Plan at the State Board of Education's web site:
www.sbe.wa.gov/documents/FAQ%20High%20School%20and%20Beyond%20Plan.pdf.

You can learn more about Career & Technical Education and the Program of Study at:
www.k12.wa.us/careertechd.



HIGH SCHOOL AND BEYOND PLAN

LESSON 9-9 HANDOUT

JOURNAL PAGE

DATE: _____

Lesson #9 | High School and Beyond Plan

Q1: List the three requirements for being awarded a Career and College Ready Diploma.

Answers:

