

Intensive Outpatient Care Program (IOCP)

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Regence Program History

- IOCP started with Boeing Pilot (IOCP 1.0) in 2007
- Current version of IOCP (IOCP 2.0) began in 2010

Regence Current Program Structure

- Ambulatory intensivist practice for the predicted 5-20% highest cost members
- Practices staffed by MD, dedicated RN Care Manager, and other support
 - Nurse is embedded in clinic
 - Nurse is DEDICATED to enrolled members in the program (<200/RN)
- Care teams develop shared care plans with the patient; clinics provide increased access; care team proactively manages care
- Behavioral health and pharmacy integration
- Sites are paid a case rate per IOCP enrolled member per month care management payment; delivered services are paid using fee-for-service methodology
 - Care management payment supports the direct cost of the RN Care Manager's salary, enabling care coordination events not typically reimbursed by fee-for-service methodologies
- Enrolled members receive a program-specific intake visit with care team
 - Member cost-share is waived
 - Typically 90 minutes long to develop a shared care plan and build the patient-nurse relationship
- Program savings are split between Provider and UMP
 - With the savings, UMP pays Regence a fee for administration of the program and \$5 per IOCP enrolled member per month to the external party who does the data modeling and validation

Future Direction

- Develop a more continuous enrollment model
 - Current model has fixed windows of enrollment
- Develop a nurse care manager model that is more flexible
 - Currently restricted to the nurse manager being hired by clinic
- Expand the program to more provider groups across the state to reach more members

UMP Status Update

- Claims data reviewed and eligible members are identified and provided to clinics
- Clinics have begun recruiting eligible members (non-Medicare only)
- Current eligible member update

Clinic	Eligible UMP Members*
The Everett Clinic	210
MultiCare	406
The PolyClinic	482
Virginia Mason	511
Total	1609

*Some members may be eligible at clinic locations (within a clinic system) that are not actively enrolling