

Department of Social and Health Services and Health Care Authority

Duals Innovation Grant

Joint Select Committee on Health Reform Implementation
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What is the Duals Innovation Grant

An opportunity to design innovative care model(s) for serving individuals who are dually eligible for Medicare and Medicaid

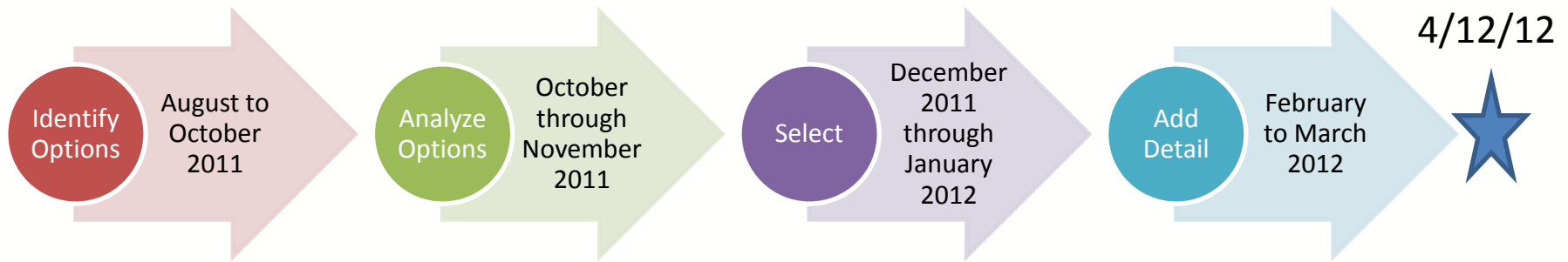
- Washington is one of 15 participating states
- The Health Care Authority and DSHS share governance and leadership responsibilities
- CMS will determine whether or not to fund implementation of our design plan

What is the Duals Innovation Grant

Goals:

- Improve quality of care
- Improve coordination of care
- Reduce expenditures
- Share savings with the federal government
- Foster relationships with diverse groups of stakeholders

Grant Timeline



NOTE: Not all tasks sequential

- Washington's Proposal is due April 12, 2012
- CMS has up to 6 months thereafter to decide if they will authorize – October 2012

Grant Deliverables

Design plan must detail elements such as:

- How we will improve and coordinate care
- What services will be included
- What population(s) will be served
- Performance measures and outcomes
- A description of proposed payment reform and how we will achieve savings

What does care look like now?

WITHOUT INTEGRATED CARE INDIVIDUALS MAY HAVE:

- x Three ID cards: Medicare, Medicaid, and prescription drugs
- x Three different sets of benefits
- x Multiple providers who rarely communicate
- x Health care decisions uncoordinated and not made from the patient-centered perspective
- x Serious consideration for nursing home placement; Medicare/Medicaid only pays for very limited home health aide services

- Fragmented
- Not Coordinated
- Complicated
- Difficult to Navigate
- Not Focused on the Individual
- Gaps in Care

Stakeholder Engagement

Activities:

- Informant interviews - complete
- Engagement forums - 4 of 4 complete
- Focus groups
 - beneficiaries – 8 of 20 complete
 - service expertise - 4 of 5 complete
 - additional will be scheduled as needed throughout the project
- Forums to occur in March

What are we hearing from Stakeholders?

- Core elements & consumer protections of an effective delivery system
- What is working, what is not working and how to increase beneficiary self-management
- How to increase coordination, decrease fragmentation and increase accountability
- Ideas to align incentives to improve outcomes and reduce costs

Engagement Forum Feedback

Consumer Protections

- Information that is clear and high quality
- Beneficiary choice and voice
- Access and service equity
- Clear & understandable appeal & grievance processes
- Quality of care measures & oversight
- Confidentiality & privacy
- Continuity of care
- Emphasis on prevention and health promotion

Engagement Forum Feedback

Core Elements

- Least restrictive and most appropriate setting
- Comprehensive data systems (health IT)
- Evidence based/informed practices and outcomes
- Personalized plan of care
- Beneficiary voice and participation
- Multi-disciplinary team
- Care coordination

Themes from Focus Groups

- To improve coordination and align incentives, services need to be integrated across medical and social services
- Single point of contact
- Flexibility to allow for local variances based upon population need and provider network
- Fear that we will break what is working while trying to improve the overall service delivery system that is viewed as broken

Centers for Health Care Strategies

Present 3 Strategies for Integration

STRATEGY 1:

- States that have a strong managed care system for medical services, but lack a robust long-term supports and services (LTSS) program, should consider building on their existing managed care system to serve dual eligibles.

STRATEGY 2:

- States that have a strong system for LTSS, but lack a strong managed care system for medical services, should consider broadening their LTSS system to include managed medical services for dual eligibles.

STRATEGY 3:

- **States with both a strong medical care system and a strong LTSS program should consider bridging these systems to integrate services.**

Health Homes for Duals

- Comprehensive care management and coordination
- Focus on beneficiaries with multiple chronic and complex conditions
- Coordinate across medical, behavioral and long term care
- Build linkages to community and social supports

Health Homes for Duals

- Phase 1 strategy to integrate care
- First 2703 Health Homes SPA submitted October 25th
- Targeted to individuals with chronic conditions, in top 20% medical risk & receiving community based LTC services
- CMS is indicating that phased roll-out of health homes puts at risk 90% match – phase would have to be based upon chronic conditions or geography

Next Steps

- Analyzing options for this SPA
- Health home planning grant to determine state strategy for health home services
- Continue discussion with CMS on health homes and financial alignment models for duals
- Coordinating stakeholder feedback and planning with 1738 and health homes initiatives

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Resources

Washington State duals website www.adsa.dshs.wa.gov/duals

Center for Health Care Strategies website
www.chcs.org

National Senior Citizens Law Center issue briefs
www.nsclc.org

CMS innovations website
www.cms.gov/medicare-medicaid-coordination/10_IntegratedCareResourceCenterAvailabletoAllStates.asp#TopOfPage

Integrated Care Resource Center
<http://www.integratedcareresourcecenter.com>