

Implementation of Mental Health Budget and Legislative Initiatives

**Joint Legislative and Executive Task Force
on Mental Health Services and Financing**

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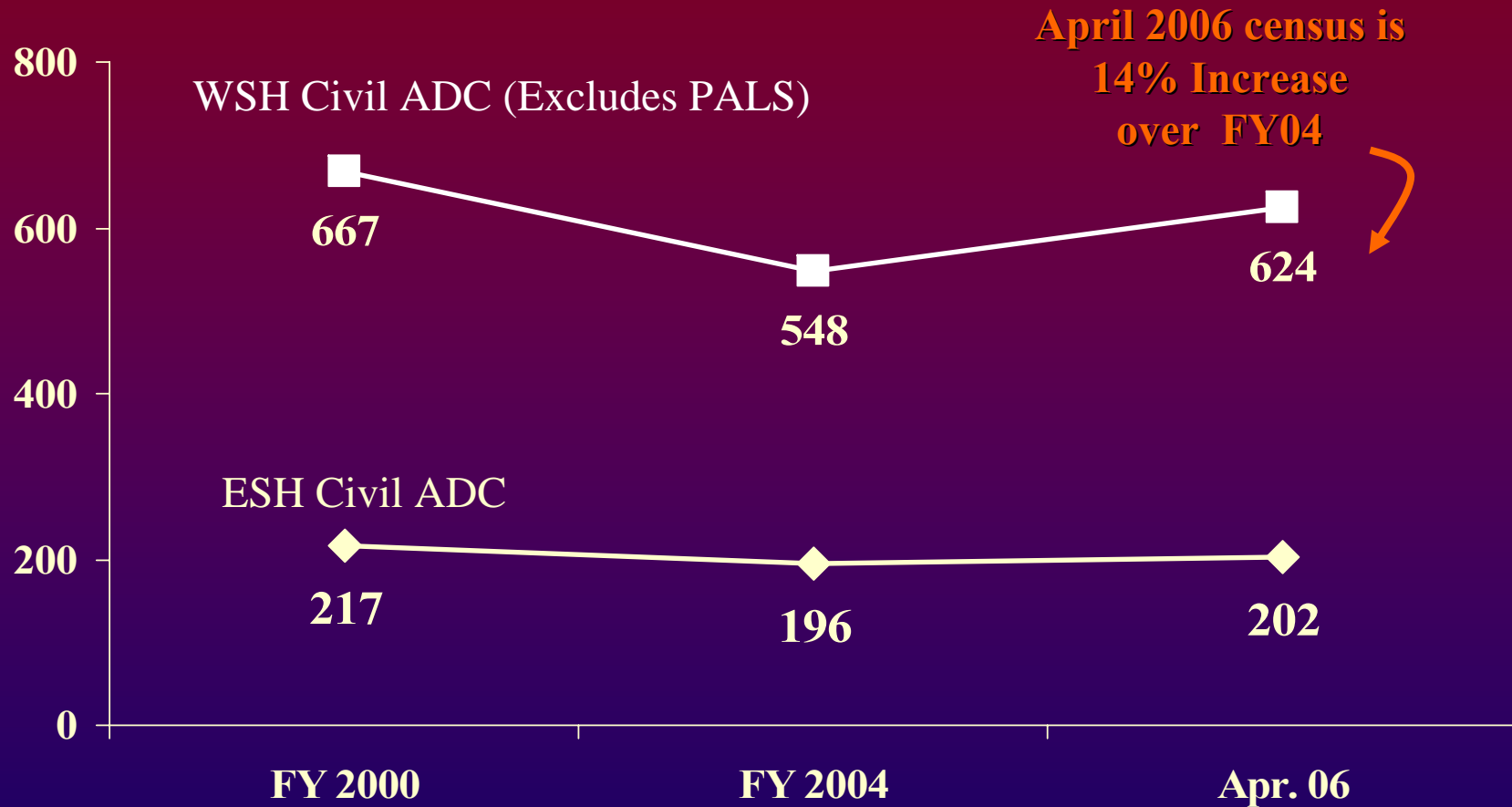
Overview

- ❖ Part I: Psychiatric Inpatient Capacity Trends and Issues
- ❖ Part 2: System Transformation Initiatives
 - 2006 Budget & Legislative Initiatives
- ❖ Part 3: Other Initiatives
 - 2005 Budget & Legislative Initiatives
 - Other DSHS Initiatives

Part I: Psychiatric Inpatient Capacity Trends and Issues

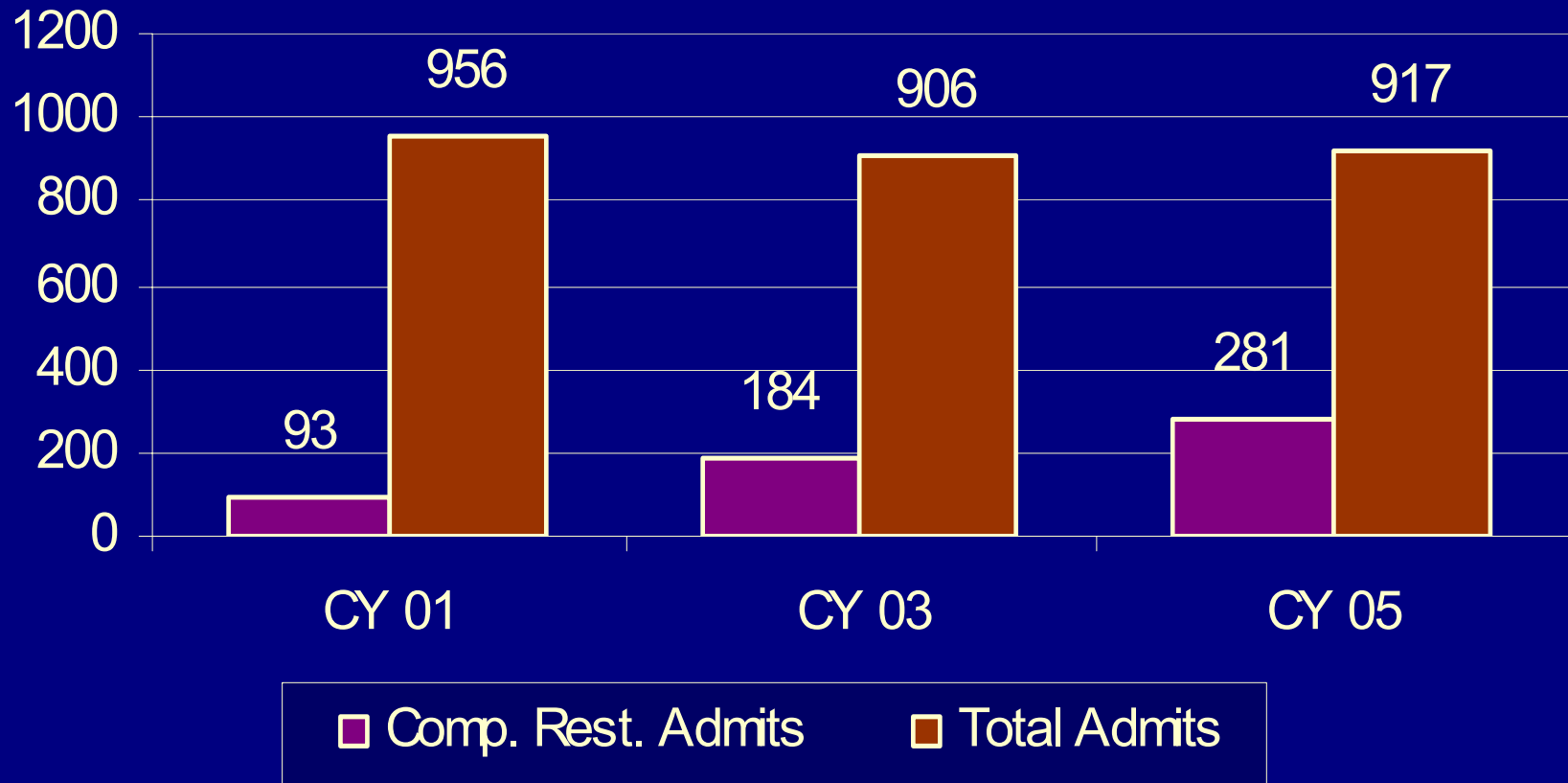


State Hospital Civil Inpatient Census Trends



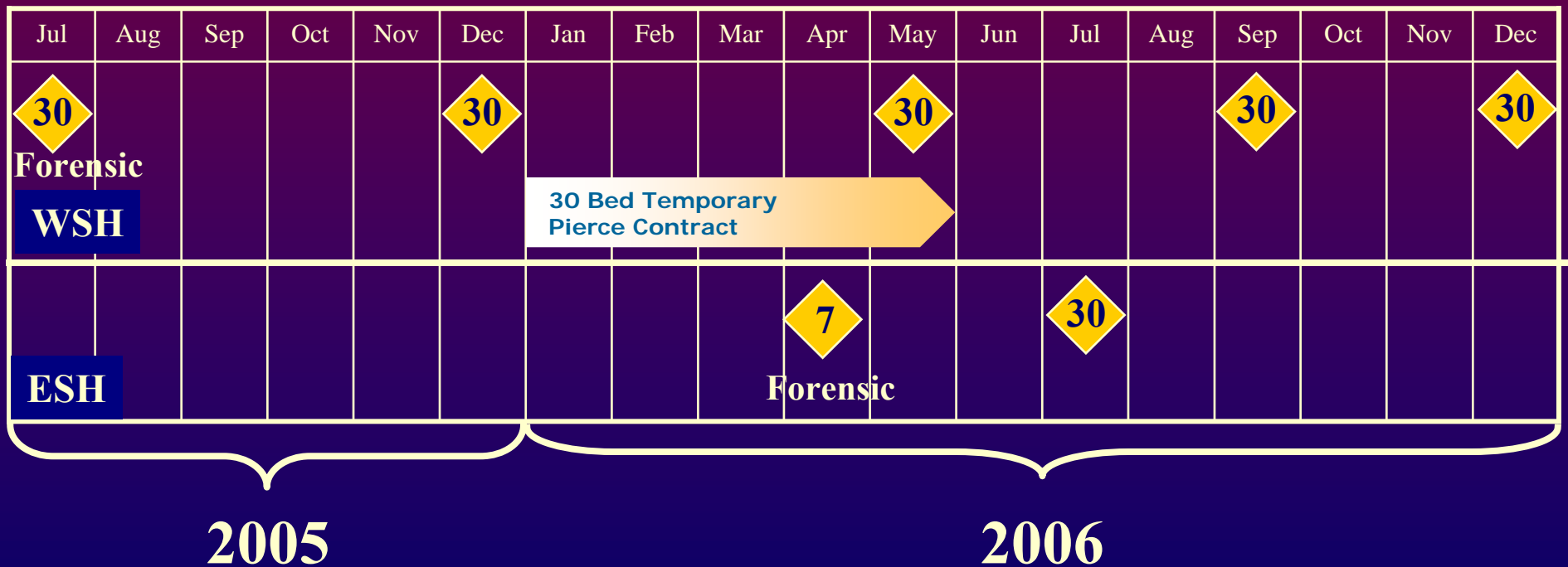
State Hospital Forensic Trends

The % of Forensic Admissions for Comp. Rest. has ↑ From 10% to 31% Reducing Capacity for Evaluations



State Hospital Capacity Changes

- ❖ **WSH:** Increase of 120 Civil and 30 Forensic Beds between July 2005 and December 2006
- ❖ **WSH:** 30 Bed Temp. Contract with Pierce RSN (PSBH Closure)
- ❖ **ESH:** Increase of 30 Civil and 7 Forensic Beds between April 2006 and July 2006



State Hospital Capacity Changes (Continued)

❖ Challenges

- Professional Staffing (Delays in Ward Openings)
- Physical Capacity Issues
- Forensic Pressures & Wait Lists
 - ✓ 100 Individuals Waiting for Inpatient Forensic Evals
 - ✓ Average Wait Time is 56 days
- Special Populations

Community Hospital Capacity Reductions

- ❖ Total Beds ↓ by 14% - Between 2000 and 2005
 - 819 in 2000 to 708 in 2005*

- ❖ Involuntary Treatment Beds ↓ by 10% Between 2000 and 2005
 - from 619 in 2000 to 560 in 2005*

- ❖ Additional Closures Continue the Downward Trend
 - 48 Pierce County Beds Closed in January 2006
 - 6 Beds Closed at Fairfax in 2006

Source: Washington State Hospital Association

Community Inpatient Capacity Gains

- ❖ 61 E&T Beds Will be Opened Between 2005 and 2006
 - Thurston County- 15 Beds Opened in April 2005
 - Pierce County- 30 Beds Opened in May 2006
 - Clark County- 16 Beds Scheduled to Open in September 2006
 - ✓ (Facility will also be used for Acute Detox)

- ❖ 32 Secure Detox Beds Opened in 2006
 - Pierce County- 16 Beds Opened in March 2006
 - Skagit County- 16 Beds Opened in April 2006

Notes: This does not reflect all community bed capacity changes but new facilities known to MHD which are able to provide inpatient or involuntary treatment level of care. New non-inpatient residential programs or crisis diversion beds are not included. The Secure Detox facilities are for individuals detained or committed due to substance abuse in two pilot programs created in accordance with E2SSB 5763)

Bed Allocation Formula

- ❖ Opportunity for RSNs to Agree Upon Allocation of State Hospital Beds by 6-1-01 (2SSB 6793)
- ❖ If RSNs do not Agree, MHD required to Determine Allocation
- ❖ Western RSNs Have Agreed to Allocation of WSH Beds
- ❖ Eastern RSNs Close to Agreeing on Allocation of ESH Beds
- ❖ New Contracts Will Require RSNs to Be Financially Responsible for Using More Beds Than Contracted

Part 2: System Transformation Initiatives

- ❖ 2006 Budget Initiatives
- ❖ 2SSB 6793

Overview of New Initiatives

- ❖ Comprehensive Strategy Including:
 - New Community Resources
 - Reconsideration of Mental Health Benefits Package
 - Involuntary Treatment Act Study
 - Utilization Review
 - Housing Development Plan

New Community Resources

- ❖ \$10.4 Million Per Year to Implement PACT Teams
Statewide / eventual reduction of 150 state hospital beds
 - 6 Full and 4 Partial Teams
 - Evidenced Based Practice
 - Start-up and Training Funds
 - Adopt National Standards
 - Fidelity Monitoring
 - Design to Facilitate Consumer Recovery and Prevent Coercion
 - Implement Western Washington Teams July 07
 - Implement Eastern Washington Teams October 07

New Community Resources (Continued)

- ❖ \$6.5 Million Per Year for RSNs to Implement Additional Expanded Community Resources
 - Flexible Models
 - Eventual reduction of 100 state hospital beds
- ❖ Bridge Funding for 18 Months
- ❖ Accountability - Continued RSN Funding Dependent on Achieving Outcomes

Reconsideration of Mental Health Benefits Package

- ❖ Review menu of required clinical services and supports
- ❖ Prioritize evidenced based and promising practices / culturally relevant
- ❖ Recovery oriented benefits design
- ❖ Transparent rate structure
- ❖ Recommendations by October 2007

Involuntary Treatment Act Study

- ❖ Review and comparison of Washington commitment laws
- ❖ Balance civil liberties and public safety issues
- ❖ Objective review of hot button issues
 - Grave Disability
 - Age of Consent
- ❖ Consistency across the state
- ❖ State and community inpatient care which supports recovery
- ❖ Identify best use of State Hospitals
- ❖ Report & recommendations by October 2007

Utilization Review

- ❖ Care management model
- ❖ Establish acuity levels to be supported in community settings
- ❖ Sampling methodologies & processes for independent review of 90 and 180 day commitments
- ❖ State and Community inpatient settings to be included
- ❖ Prevent over and under utilization of inpatient care
- ❖ Identify resources required for statewide implementation
- ❖ Draft RFP recommendations for review by October 2007

Housing Development Plan

- ❖ Consultant for development of mental health housing plan
- ❖ Analysis of Washington State housing issues
 - Review RSN housing collaboration plans
 - Identify best practices and areas of need
 - Develop guidelines for future RSN contracts
 - Technical assistance
- ❖ Collaboration with existing planning groups
- ❖ Prioritize independent housing which supports recovery
- ❖ Comprehensive statewide housing implementation plan developed by October 2007

Implementation Process

- ❖ Project management model
- ❖ Stakeholder participatory work group
- ❖ Project specific work teams
- ❖ Drafts reviewed by stakeholder work group
- ❖ Coordination with MH Transformation Grant
- ❖ Initial work group meeting in summer 2006

Implementation Values

- ❖ Participatory Process
- ❖ Recovery Oriented
- ❖ Evidenced Based and Promising Practices
- ❖ Consumer Preferences
- ❖ Build on Strengths
- ❖ Work within Existing Resources
- ❖ Local Governance
- ❖ Strive For Consensus
- ❖ Address Needs of All Ages

Part III: Other Initiatives

- ❖ 2005 Budget Initiatives
- ❖ E2SHB 1290
- ❖ E2SSB 5763
- ❖ Children's Evidenced Based Practices
- ❖ DSHS Integration Projects
- ❖ Transformation Grant

E2SHB 1290

❖ RFQ/RFP Process

- 9 RSNs substantially met RFQ requirements
- RFP released March 1st
- Letters of intent from 4 of the 5 RSNs that did not substantially meet RFQ requirements
- Letter from North Central RSN to bid on NEWRSN
- Proposals due May 31
- Results announced in early July
- Increased RSN Contract Monitoring & Enforcement

E2SHB 1290 (Continued)

❖ Expedited Eligibility and Jail Services

- 40+ MOUs completed between RSNs, ESA, and County & City Jails
- RSNs ramping up jail services since Sept. 05 start date
- 14 Expedited Eligibility sites started in January 06
- 11 ESA staff dedicated to processing expedited applications
- Over 600 expedited Medicaid applications received from jails and DOC in the first months

E2SSB 5763

- ❖ Integrated Crisis Response Pilots in Pierce and North Sound RSNs
 - Combined Crisis Response Implemented- MH and CD
 - ✓ Pierce County- March 2006
 - ✓ North Sound RSN (Whatcom, Island, San Juan, Snohomish & Skagit Counties)- April 2006
 - Secure Detox facilities open and up to approx. 80% occupancy
 - New authority for detention and 14 day commitment related to CD issues
 - Evaluation reports in December 07 and September 08

E2SSB 5763 (Continued)

- ❖ Integrated Screening and Assessment
 - ❖ Integrated screening for chemical dependency and mental health issues
 - ❖ Screening tool and assessment processes developed
 - ❖ Draft training curriculum developed and under review
 - ❖ Twenty training sessions scheduled between July – Dec. 06
 - ❖ Required in RSN contracts by Jan. 2007
 - ❖ Also required by CD Providers by Jan. 2007

Children's EBP Initiatives

- ❖ **Multidimensional Treatment Foster Care (MTFC)**
 - 10 “bed” pilot covering Kitsap, Jefferson and Clallam Counties
 - Services begin in June 2006
- ❖ **FY 07 Budget Proviso / \$450,000 for FY '07**
 - RFP to determine program site to be released this August
 - Expert panel engaged to determine EBPs
 - Open to counties / groups of counties
 - UW to provide support and assistance
 - WSIPP separately funded to conduct evaluation
 - Operational by December 2006
- ❖ **Other DSHS efforts to implement Children's EBPs**

Integration of Mental Health & Medical Services: Washington Medicaid Integration Partnership (WMIP)

- ❖ Snohomish Co. managed care pilot
- ❖ Provides medical, mental health, substance abuse
 - Initially Medical and CD- Jan 2005
 - Mental Health added in fall 2005
 - Long Term Care to be added Fall 2006
- ❖ Goal to improve **access, satisfaction, management** of resources
- ❖ Good early indications of some successes
- ❖ Fluctuating enrollment patterns
- ❖ Evaluation report in December 2008

Integration of Mental Health & Medical Services (Continued)

❖ Other Initiatives

- Preferred drug formulary and process
- Connecting PCPs and RSN contracted psychiatrists
- Medical Services

MH Transformation Grant

- ❖ MHD Vision of Transformation Outcomes
 - ❖ Stigma of mental illness is reduced or eliminated
 - ❖ Processes of recovery becomes self-directed
 - ❖ Disparities are eliminated
 - ❖ Health services are integrated
 - ❖ Co-occurring treatment is readily available
 - ❖ Services and supports are available across lifespan

MH Transformation Grant (Continued)

- ❖ MHD Vision of Transformation Outcomes
 - ❖ Clubhouses and peer support are available statewide
 - ❖ Persons with mental illness are involved in employment, education, and self development activities
 - ❖ Housing choices with a range of supports available
 - ❖ Funding strategies follow chosen values and policy

Questions?