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**From:** Nancy Cannon <nancan808@gmail.com>  
**Sent:** Wednesday, November 10, 2021 3:29 PM  
**To:** Office State Actuary, WA  
**Subject:** Re TRS1 retirees

**CAUTION:**External email.

We need and deserve a built in COLA. Please recommend option 1:

1) annual, automatic consumer price index-based COLA up to 3% per year

Nancy Cannon  
206 227 1516

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