
From: Cheryl Sundberg <vashoncheryl@comcast.net>
Sent: Thursday, November 11, 2021 8:59 AM
To: Office State Actuary, WA
Subject: cola for TRS Plan 1

CAUTION:External email.

Dear Sirs,

I am a TRS Plan 1 retiree. Every year I watch my pension lose spending power due to the lack of a cola that would allow me to pay all my bills that keep going up. Our only option is to start cutting back on essentials. For some people, this means turning down the heat in the winter. Last summer not being able to afford air conditioning was a decision that might kill some of us. Choices for food at the grocery store go from more nutritious expensive items to cheaper junk food. The cost of gasoline recently has made driving a car only for necessities for some. Prescription prices for some have made many take only 1/2 doses or skip it all together. Our golden years have become harder and harder. After teaching for over 30 years, I looked forward to travel and enjoying my retirement. Instead I worry about paying bills instead. Please pass a permanent cola for plan 1 retirees.

Sincerely,

Cheryl Sundberg

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