
From: Sidney Turner <sidbead@gmail.com>
Sent: Thursday, November 11, 2021 9:52 AM
To: Office State Actuary, WA
Subject: permanent cola for plan 1 retirees

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I am a TRS Plan 1 retiree. Every year I watch my pension lose spending power due to the lack of a cola that would allow me to pay all my bills that keep increasing in costs. My only option has been to cut back on essentials which I have been doing since retiring.

I run heat and air conditioning at the bare minimum, rarely drive my car, can't afford groceries that would be best for my disease and have given up prescription medicines and my rent was increased by \$100 per month.

Please pass a permanent cola for plan 1 retirees.

Sincerely,
Sidney Turner



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