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**From:** BOB HARTMAN <roberthartman1@comcast.net>  
**Sent:** Tuesday, September 27, 2022 7:22 PM  
**To:** Office State Actuary, WA  
**Subject:** Plan 1 COLA

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I retired from teaching in 2003 with an additional 11 years in other areas of public education. Very seldom do I get any COLA money in my Plan 1 pension since 2003. It has now gotten to the point that medical insurance eats up over 50% of my pension.

As we are all aware, inflation has not been the low 2% that we have had in some years. My Plan 1 pension has basically gotten 0% no matter what inflation is.

Please keep this in consideration for those of us who dedicated our lives to public education in the State of Washington.

Thanks for reading,

Bob & Carrie Hartman  
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