
From: Joan Helm <2jhelm@charter.net>
Sent: Thursday, September 15, 2022 4:01 PM
To: Office State Actuary, WA
Subject: Plan I COLA

CAUTION:External email.

To: Chair Conway and Committee Members,

Thank you for supporting the Plan I COLA at the 2022 legislative session, which became effective in July. Although it is capped at \$110.00 per month, my monthly increase is approximately \$56.00. This additional income is very helpful as I had to replace my 8 year old furnace this July. With the high inflation rate I am hopeful that your committee will recommend an additional COLA increase again this year.

Thank you,
Joan Helm
PO Box 446
Waitsburg, WA 99361

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