
From: Betsie Blaine <BetsieBlaine@hotmail.com>
Sent: Monday, November 14, 2022 10:53 AM
To: Office State Actuary, WA
Subject: TRS Plan 1 COLA

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Hello, SCPP Committee Members,

Please consider those of us, mostly women at that time, who retired under the TRS Plan 1. I retired from school counseling and teaching in 2005. Since that time I have gotten three COLAs of 3% each, The police and firefighters have gotten at least that every year. That is a difference of 42% in raises for me and each of those missed years would carry over to the next.

The inflation rate is still above 7% and it affects so many recurring expenses. Even though I don't plan on selling my home, the value has increased exponentially, raising my property taxes. I voted for the Snohomish School levy and, consequently, decreased entertainment expenses like going out to lunch with friends. That sounds like a minor thing, but staying socially active is extremely important for us elderly folks. Isolation leads to depression; I do feel sad sometimes because of lack of funds.

Please consider at least a 7% cost of living increase for us and work to make a permanent COLA for TRS and PERS Plan 1 members for the future.

Respectfully,

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