
From: Joan Helm <2jhelm@charter.net>
Sent: Saturday, October 9, 2021 3:56 PM
To: Office State Actuary, WA
Subject: TRS Plan I COLA

Importance: High

CAUTION: External email.

TO: SCPP Committee Members
FROM: Joan L. Helm
P.O. Box 446
Waitsburg, WA 99361

I joined the TRS Plan 1 retirement system in 1965. In 2000 I retired after teaching 27.5 years in Washington state. Since retirement I have received 3 COLAs, totaling 7.5%. The inflation rate has increased approximated 58% since my retirement. Luckily I was able to supplement my retirement income by working part time until age 70.

I am an active volunteer in my community and enjoy supporting local economy.

I urge you to fund a COLA for TRS Plan 1. With the rate of inflation I have to budget carefully and find I am not able to offer as much support in my community as I would like.

Thank you for your service to the State of Washington and to this committee.

Joan L. Helm
(509)337-6318
2jhelm@charter.net

CAUTION: This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.