
From: Williamson Bruce <bruce7105@yahoo.com>
Sent: Thursday, November 11, 2021 8:14 AM
To: Office State Actuary, WA
Subject: Plan 1 permanent cola

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Dear Sirs,

I am a TRS Plan 1 retiree. Every year I watch my pension lose spending power due to the lack of a cola that would allow me to pay all my bills that keep going up. Our only option is to start cutting back on essentials. For some of us, this means turning down the heat in the winter and not having air conditioning in the summer. Last summer that was a decision that might kill some of us. Choices for food at the grocery store go from more nutritious expensive items to cheaper junk food. The cost of gasoline recently has made driving a car only for necessities for some. Prescription prices have made many take only 1/2 doses or skip it all together. Our golden years have become our cardboard years. Some are forced into substitute teaching to pay bills instead of enjoying retirement after working (in my case 36 years). Please pass a permanent cola for plan 1 retirees.

Sincerely,

Bruce Williamson bruce7105@yahoo.com

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