
From: Judith Frey <judithfrey44@gmail.com>
Sent: Monday, November 8, 2021 3:13 PM
To: Office State Actuary, WA
Subject: PERS ! COLA

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I drive a 2003 car with almost 200,000 miles on it. I have become a quasi-vegetarian several days a week because of the increasing cost of meat. All groceries have gone up at least 10% since I last had a permanent, consistent and substantial COLA in my PERS I pension in 2010.

I gave the state over 30 years of service as a librarian, library administrator and higher education administrator when I could have made a higher salary in the private sector, all because of the "benefits and pension" I earned. My husband has no pension except social security. Our quality of life is much different than we planned for because the state has not approved a COLA we can count on.

Please endorse a permanent, consistent and substantial COLA for the legislature to consider this year.

Judith Frey
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