From: Rachel Almeleh

To: Office State Actuary, WA

Subject: Plan 1 cola

Date: Friday, November 4, 2022 8:35:07 AM

CAUTION:External email.

I have a mortgage on a manufactured house that sits on a rented lot. The rent has increased every year and is now twice my mortgage. This is the first year I have been going to a food bank. Please pass at least a 4% Cola. CAUTION: This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.