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**From:** Ronald Jewchyn <rjewchyn@hotmail.com>  
**Sent:** Wednesday, September 14, 2022 10:18 AM  
**To:** Office State Actuary, WA  
**Subject:** Permanent cost of living adjustment [COLA] to Plan 1 retirees

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As the cost of living continues to increase year after year our pensions continue to fall behind. I appreciate the raise received this year, however Plan 1 retirees will continue to loose our purchasing power. Food, house taxes, medication, fuel costs all are factors that are part of our lives. I am asking for a permanent cost of living adjustment for COLA Plan 1 retirees. I hope we can count on you to support this request and fix this issue.

Sincerely,  
Ron  
Jewchyn

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