From: Betty Kinnaman

To: Office State Actuary, WA

Subject: COLA

Date: Saturday, September 17, 2022 7:21:48 AM

CAUTION:External email.

Everything costs so much more. I purchase a small single packet of Miracle grow liquid houseplant fertilizer from Amazon for \$1.47. It now sells for \$6.00 for the exact same thing. Apply this increase to all my purchases, more necessary items than houseplant fertilizer, yes, many items I no longer can purchase. Don't withhold my COLA. I gave the State of Washington nearly 30 years of service. I need this \$\$ increase. Thank you. Sent from my iPad

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