
From: Eileen Perfrement <biddinger.gene2@gmail.com>
Sent: Monday, May 9, 2022 11:33 AM
To: Office State Actuary, WA
Subject: Select Committee on Pension Policy, Plan 1 Cola

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Dear Legislators,

I am encouraging you to endorse a Plan 1 COLA proposal for the 2023 Legislative session. I am a Plan 1 retiree, and I do appreciate the 3% COLA I will receive in July. However, it falls short of meeting my financial needs, given the inflation and rise in health care costs.

I am a 75 year old widow with a mortgage surviving on my retirement plan, Social Security, and half of my late husband's small retirement. I am barely able to keep up with monthly expenses. A true cost of living increase would help. My physical condition does not allow me to work.

Thank you,
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