From:	lrango@comcast.net
Sent:	Monday, September 19, 2022 12:57 PM
То:	Office State Actuary, WA
Subject:	Cost of Living Adjustment for TRS 1 Retiree

CAUTION:External email.

Dear SCPP Member,

My name is Lorene Rang and I am a TRS 1 Retiree. I have been retired since 2009 and have only received three Cost of Living Adjustments over that time. I am struggling to keep up with inflation, especially now. I am asking you in the strongest possible terms to recommend a Plan One COLA to the 2023 Legislature. I am struggling financially and am counting on you for your assistance to me and other TRS 1 Retirees.

Sincerely,

Lorene Rang 8036 Mercer Court NE Lacey, WA 98516

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