

From: [Donna Wolf](#)
To: [Office State Actuary, WA](#)
Subject: TRS1 COLA
Date: Saturday, September 17, 2022 1:31:17 PM

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Dear SCPP Member,

My name is Donna Wolf and I am a TRS 1 retiree. I taught for 40 years in the North Thurston Public Schools and loved teaching children. I've been retired for 5 years.

Inflation is affecting us all. Food and gas are essential. The increase in food prices alone keep me from making some of these daily needed purchases.

Even Medicare keeps raising prices; money taken out of my Social Security. Copayments for medical appointments have risen. How is a retired person able to keep up with inflation?

Please, please recommend a TRS Plan 1 COLA to the 2023 Legislature as these are difficult times for retirees.

Sincerely,
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Donna

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