

**From:** [Donna Wolf](#)  
**To:** [Office State Actuary, WA](#)  
**Subject:** TRS 1 COLA  
**Date:** Saturday, September 17, 2022 2:09:50 PM

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Hello,

After teaching for 40 years in the North Thurston Public Schools, I have been retired for 5 years.

Along with many other retirees, I can attest to the need for a COLA to keep up with inflation. The rising costs of food, medical expenses, and everyday living make it difficult to say the least. The rising cost of everything affects our pockets, many of which I cannot afford.

Please support the COLA for TRS 1.

Thank you.

Donna Wolf  
3330 Francis Dr SE  
Olympia, WA 98503

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Donna

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