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**To:** [Office State Actuary, WA](#)  
**Cc:** [mjholman@comcast.net](mailto:mjholman@comcast.net)  
**Subject:** Plan 1 cost of living raise  
**Date:** Saturday, October 14, 2023 7:47:39 PM

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Hello,

To stay in my home I need cost of living raises. That shouldn't have to be said by someone who worked 42 years, mostly as a teacher. All bills go up, not a dollar or two, but hundreds, like my car insurance just did after driving for 50 years with no accidents, no speeding or parking tickets.

I had an excellent long term care insurance and was told that if we bought it earlier our premiums would be lower, but the insurance commissioner approved a 30 percent increase. The people voted in a cost of living raise and the governor at the time stopped it the first year.

I hope you will do the right thing. Thank you.

M. Jean. Holman

Sent from my iPad

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