

From: [M JEAN HOLMAN](#)
To: [Office State Actuary, WA](#)
Cc: [M JEAN HOLMAN](#)
Subject: Plan 1 COLA for 2023
Date: Saturday, September 17, 2022 4:30:23 PM

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Dear SCPP Member,

My name is Jean Holman and I am a TRS 1 retiree. I've been retired 11 years and only received "three" cost of living adjustments over that time. I am struggling to keep up with inflation, especially now. I am asking you in the strongest possible terms to recommend a Plan 1 COLA to the 2023 Legislature.

Governor Gary Locke stopped the first year the citizens voted for a yearly cost of living raise for teachers which caused my working wage to be less and caused my retirement to be less.

A raise only happened maybe 2 years that I worked after that.

Teachers cannot use their after 30 years of working retirement. At some point the Legislature did change that to just totally losing it, it could go into a fund after 30 years, but that did not help my retirement income. I worked 42 years, 35 as a 4th grade teacher. I worked the previous 7 to have money to go to college.

Bills go up in huge amounts every year. I need help to keep up with the cost of living. We get a raise in social security, but that is taken up with Medicare cost increases and supplemental insurance increases.

I am struggling financially and am counting on you to help me. Thank you.

Sincerely,

M. Jean Holman
1145 Middle Street S. E.
Tumwater, WA 98501

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