

From: [J Cromwell](#)
To: [Office State Actuary, WA](#)
Subject: Plan 1 COLA
Date: Saturday, September 17, 2022 10:29:51 AM

CAUTION: External email.

September 17th, 2022

Dear Selection Committee on Pension Policy Member,

My name is Judith Ann Cromwell and I am a TRS 1 retiree. I was a teacher for 45 years, 32 in the public school system and 13 in a private school. I am a single woman and I've been retired "27" years and only have received "three" cost of living adjustments over that time. I am struggling to keep up with inflation, especially now. Not only has inflation hit me and other TRS 1 retirees, the cost of housing is soaring and if you are lucky enough to live in a home, property taxes are going up at an alarming rate. If you live in an apartment the rents are going out of sight. I am asking you in the strongest possible terms to recommend a Plan 1 COLA to the 2023 Legislature. I am struggling financially and am counting on you to help me.

Sincerely,
Judith A Cromwell
2307 – 162nd Street SE
Mill Creek, WA 98012

Sent from [Mail](#) for Windows

CAUTION: This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.