

From: [Sharon Straub](#)
To: [Office State Actuary, WA](#)
Subject: Plan 1 COLA
Date: Tuesday, October 18, 2022 7:33:26 AM

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Please take action on a COLA for Plan 1 TRS. Salaries were low when we retired over 20 years ago, and we have lost significant spending power due to lack of a COLA in the plan. We are basically existing on the retirement that we had when we retired and even less considering the inflation over the years. Practicing teachers deserve a fair wage, and retired teachers deserve a fair retirement. Thank you for your consideration.

Sharon Straub
206 W. High Drive
Spokane, WA 99203

sharonstraub1@gmail.com

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