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**From:** Alice Allison <outlook\_CFE76B474842630@outlook.com>  
**Sent:** Thursday, September 15, 2022 12:16 PM  
**To:** Office State Actuary, WA  
**Subject:** Plan 1 COLA

**CAUTION:**External email.

As we experience high inflation rates it is more important than ever to have a regular COLA for Plan 1. We have already lost a lot of buying power.

Alice Allison  
6121 W Melville  
Pasco, WA 99301

Sent from [Mail](#) for Windows

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