

From: [J Robinson](#)
To: [Office State Actuary, WA](#)
Subject: TRS Pension Plan 1
Date: Friday, October 14, 2022 5:24:26 PM

CAUTION: External email.

As a retiree on the Plan 1 for teachers, I am finding it harder and harder to make ends meet. Many times I have to decide whether to buy food or pay a bill.

It is disheartening to know that we, as retired teachers, have to beg for a COLA every year just to have anything done and, even when we get one, it is well below the inflation rate. At 82 and battling non-Hodgkins lymphoma I find it impossible to go back to work and it is mentally a challenge to request another 3% increase, please, when I am so aware of how high the rate of inflation is currently. Even social security is providing an 8.7% COLA next year (which is below the inflation rate). It is humiliating knowing that I have had to resort to tuna casserole at this stage in my life but that is what is happening.

I humbly ask that you not only approve a COLA for us in Plan 1 but make it ongoing and high enough to make a difference. Thank you for your consideration of this issue that is so important to those of us who chose to be teachers so long ago.

Sincerely,

Jo Anne Robinson
8707A 1st Pl. NE
Lake Stevens, WA
98258

jrobin5050@aol.com
206-818-1333

CAUTION: This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.