From: Douglas Rittenhouse <dritten@olypen.com>

Sent: Saturday, October 22, 2022 10:03 AM

To: Office State Actuary, WA

Subject: Plan 1 Cola

CAUTION: External email.

My husband and I have been retired for 29 and 23 years respectively under Plan 1. With few Colas over the years and high inflation, we are pleading that you will support a Plan 1 Cola for 2023 to help us keep up with these tough times.

Thank you.

Doug and Trudy Rittenhouse

CAUTION: This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.