From: Mary Bell <marylubell@gmail.com>
Sent: Monday, October 3, 2022 12:34 PM

To: Office State Actuary, WA

Subject: Plan 1 Cola

CAUTION:External email.

Please recommend a Plan 1 COLA to the 2023 Legislature. I am struggling, my husband passed away March 29, 2022 now I have only my Plan 1 COLA , nothing from him. I retired 1992.

I am counting on you to help me.

Most sincerely, Mary L. Bell P.O. Box 183, Sequim, WA. 98382

CAUTION: This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.