

**From:** [lrango@comcast.net](mailto:lrango@comcast.net)  
**To:** [Office State Actuary, WA](#)  
**Subject:** Plan One Permanent COLA  
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**CAUTION:** External email.

Please, please work to build a PLAN ONE permanent COLA for those of us on Plan One. Your understanding of this need would be so appreciated.

Thank You!  
Lorene Rang

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