

From: [Jerry Cummins](#)
To: [Office State Actuary, WA](#)
Cc: [Boehnke, Sen. Matt](#)
Subject: TRS-1 COLA
Date: Wednesday, October 22, 2025 7:42:50 AM

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I retired in 2000, and have received 5 very small COLA's since retiring 25 years ago. Using the Federal [CPI Inflationary calculator](#), I have lost 87% of my purchasing power.

I have been told that possibly someone might believe I do not care because your State Agency has not received 'another' email from me asking for another COLA.

I do care, but get tired of writing and no positive action occurring to help our TRS-1 group.

For the record, I have send countless emails during the past several years, asking for help to maintain my independent living with an adequate increase in my retirement TRS-1 retirement plan. Simply, after a while, a person gets tired of writing and not receiving even notification of receipt of the correspondence, let alone legislative action go improve the situation.

I know the people in your actuarial office support our efforts to get a permanent COLA. However, it appears the legislature does not care about us. It is hard to accept legislators not understanding we need a COLA to attempt to maintain dignity and self efficiency. I do not see the legislature accepting the same percentage of increases in their pay as I have had in the last 25 years.

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It's Weird Being The Same Age As Old People!

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