November 10, 2023

To the Select Committee on Pension Policy.

Please support Plan 1 COLA for 2024 and an annual permanent COLA. I am a TRS 1 retiree and due to lost purchasing power, my income no longer meets my needs. I am also too old to return to work and in addition, I have Parkinsons disease. If previous COLAS had not been removed or restricted, my retirement income might have been sufficient. I ask that you raise the COLA cap. I believe that a cap of \$125 month is appropriate.

Thank you for all your work and service. PLEASE support my request.

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