

From: [Gayle See](#)
To: [Office State Actuary, WA](#)
Subject: Plan 1
Date: Thursday, May 22, 2025 10:42:10 AM

CAUTION:External email.

I am on plan 1 pers. Please we are struggling to make ends meet. We have lost so much financially. It was a kick in the teeth when we didn't get a COLA this session. Please help us secure a COLA.

Gayle

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