

From: [Dale McNall](#)
To: [Office State Actuary, WA](#)
Subject: My Retirement COLA
Date: Saturday, September 17, 2022 11:19:06 AM

CAUTION: External email.

Hello,

Dale McNall here.

While I am now 85 years old and unable to work anymore, I totally rely on my pension. While the people who are working now days see a much higher wage rates than a few years ago, I am seeing my once retirement grow smaller by leaps and bounds, through higher medications, health care, food prices, and many other survival costs to me. I spent 31 years paying into my pension fund, while others used my pension fund to bail out other funds without my vote. Back in 1978 we bailed out the fire fighters and teacher retirement systems by making them state employees and saving the State billions of dollars needed to make those systems whole and reducing their benefits to improve their retirement plans. Gosh how much more my retirement plan would have been worth if they didn't take 5 billion of my retirement Plan 1, to bail them being fire fighters and teachers out back in the seventies!

Now, I am asking for a COLA to bring my retirement up to a surviving stipend and keep it there, where I won't die worrying about not starving to death or losing my home.



My home, I would hate to lose it?

Thank you,

Dale McNall

CAUTION: This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.