

From: [Donna Wolf](#)
To: [Office State Actuary, WA](#)
Subject: TRS1 COLA
Date: Monday, July 7, 2025 7:25:12 AM

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Dear Committee Members,

Your help in gaining a COLA for TRS1 is greatly needed.

I retired from NTPS in 2017 after 43 years of teaching and instilling a love of learning in my students. Needless to say, I loved my job.

Now I am 73 years old and find it difficult to meet my monthly expenses with the TRS 1 Pension Plan that everyone was in envy of. I believe now that that was mistaken.

The cost of food increases each time I shop. Maintaining a home and the cost of replacing an appliance and a heating unit is shocking. My pension is barely enough to pay monthly expenses let alone the extra money needed in an emergency.

Please consider finding funds so TRS1 personnel can keep up with the cost of "just living".

Thank you.

Donna Wolf

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