From: gdsee@charter.net

Sent: Tuesday, September 20, 2022 4:30 PM

To: Office State Actuary, WA

Subject: PLAN 1

CAUTION:External email.

I am a plan 1 retiree.

I started teaching in 1976 took time for a family and returned to teaching in 1989.

I retired in 2017.

As you know all cost of living items have increased and the Plan 1 people have not been able to keep up.

Please consider a COLA that matches the inflation rate.

We matter,

Gayle See

CAUTION: This email originated from outside of the Legislature. Do not click links or open attachments unless you recognize the sender and know the content is safe.