From: Jerry Cummins <wwballoon@gmail.com>

Sent: Friday, November 4, 2022 5:02 PM

**To:** Office State Actuary, WA

**Subject:** November 15th Meeting: TRS-1 / PRS-1

## **CAUTION:**External email.

## Greetings:

I will make my request short and with brevity-in-mind because I know your committee is consumed with many worthwhile activities.

I would like to advocate for an individual two-year adjustment of at least <u>4% or more FOR</u> <u>each of 2023 and 2024</u>. I retired from teaching in 2020 and since have only received three small increases to my retirement. I have lost approximately 48% of my purchases power. (Example: when I retired gasoline was only .78 cents a gallon.)

This year I understand I will be receiving a 8.7% increase from Federal Social Security, which is the expected cost-of-living increase this past month. SLIGHTLY LESS THAN HALF OF THAT FIGURE IS 4%, which is the minimum I am asking from your committee to consider.

I believe I should not have to obtain food from 'food banks' or ask for other types of assistance during my retirement years.

Thank you for reading my request and considering the needs retired seniors have.

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