
From: gmittchell4229@charter.net
Sent: Saturday, September 24, 2022 6:44 PM
To: Office State Actuary, WA
Subject: RE: Plan 1 COLA

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Hello,

My name is Glen Mitchell. I am a retired teacher living in Walla Walla, Washington. I retired in 2006 after a 38 year career as a music educator. After retirement, I worked an additional 12 years on the NAEP project. NAEP stands for the National Assessment of Educational Progress.

I am writing to let you know that there are many Plan 1 members that are in need of a COLA. As you know, the economy is really hitting people just like me. My wife and I are as frugal as can be. However, every time we go to the grocery store and when we fill our gas tank we realize just how much the economy is surpassing our ability to "knowing keep up."

This past year, the 3% increase (\$110.00) really helped. Please consider renewing this COLA for the coming year.

Educators by nature are very giving people. We gave throughout our whole career...now we hope that the State will appreciate all we've done to inspire the young people in Washington State by giving us an annual COLA.

Thank you.

Glen Mitchell
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