

**From:** [Keith B](#)  
**To:** [Office State Actuary, WA](#)  
**Subject:** TRS COLA  
**Date:** Wednesday, November 8, 2023 2:33:11 PM

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**CAUTION:** External email.

I support the Plan 1 COLA increase to 3% up to \$125 per month. Inflation and related costs such as housing, fuel, food, etc. has placed increased burdens on my family relying only on pensions at this time. I appreciate the work you are doing to stabilize Plan 1 retiree's cost of living increase.

Best regards,  
Forrest Keith Brown  
Puyallup, WA 98374

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