From: Darleen Atik <darleenatik@comcast.net>
Sent: Monday, October 10, 2022 4:14 PM

To: Office State Actuary, WA

Subject: Plan 1 COLA

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To Whom It May Concern:

I am a Plan 1 retiree from the Edmonds School District who continues to find making ends meet challenging. I want to express my appreciation for the three cost of living increases I've received in the past, however, you need to know they don't come close to covering the increases I am experiencing regarding taxes, food, medication, and health insurance. Presently I'm paying \$75 a month for one medication and \$225 for a 45-day supply of a second. Plans 2 and 3 have always received cost of living increases while Plan 1 falls further and further behind. I am writing to respectfully encourage you include a pension increase of at least 7%. Please don't forget Plan 1 retirees!

Sincerely,

Darleen Atik

636 Daley Street

Edmonds, WA 98020

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